



FROM BELL TO BB10

AFTER LAGGING BEHIND FOR DECADES,
CANADA IS EMBRACING THE SPIRIT
OF INNOVATION ONCE AGAIN

PAGES 8 & 9



OTTAWA

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Wednesday, February 20, 2013



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Hélène celebrates on Ellen

Lovin' life. The double lung recipient says she's 'feeling great' and planning to help families affected by organ transplants

She jumped up and down as if she was a contestant on *The Price is Right*, and with a new set of lungs, Barrhaven's Hélène Campbell must have felt like a million bucks when she danced her way to the hot seat next to Ellen DeGeneres.

The broadcast of Campbell's interview with DeGeneres aired Tuesday morning following a taping in Burbank, Calif., on Monday.

The 21-year-old, who started an explosive organ-donation awareness campaign on Twitter while she waited for a new pair of lungs, first chatted with DeGeneres via Skype last February from her residence in Toronto.

Then, in May — just seven weeks after her double-lung transplant surgery on Good Friday — Campbell appeared a second time on DeGeneres' show via Skype and was invited to appear in person when she was given the OK from her doctors.

That day finally came, and she got just over five min-

utes of one-on-one time with DeGeneres, who is an organ donor, as some of Campbell's family members sat in the audience.

"I'm feeling great. I can't believe I'm here," said Campbell, catching her breath after coming on stage to Justin Bieber's *Baby*.

The Biebs himself didn't make an appearance on the show, but his underwear certainly did. Campbell brought a pair of his Ellen boxers, which he gave to Campbell when the two met last year.

DeGeneres said she will sign the underwear, have Bieber sign them too and auction them off. DeGeneres said she wants to donate the proceeds to a new foundation Campbell is working on.

Called the Give to Live Campaign, it will support transplant research and families who are affected by organ transplants, Campbell said in the interview.

Campbell was on the waiting list for a relatively short time but said it was the hardest thing she has ever been through.

"I've been through it so I'm able to just express to people and show them this is where it's at and this is what we can do to help," she said. "And later on, we want it to be housing for patients and their families."

JOE LOFARO/METRO



Ottawa's Hélène Campbell dances with Ellen DeGeneres on her talk show in a broadcast from Tuesday morning. YOUTUBE.COM



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Opposition. Local MPP MacLeod criticizes Wynne's strategy

Nepean-Carleton MPP Lisa MacLeod said Premier Kathleen Wynne "squandered" an opportunity to push for a more fundamental shift in her government's inaugural speech from the throne.

MacLeod said she and the Opposition Progressive Conservatives will not be supporting the speech from the throne, delivered Tuesday by Lt.-Gov. David Onley.

"We have not seen any solutions from this government on the big problems, which is the debt and the deficit, as well as our jobs crisis," MacLeod said after the speech. "And those things must be fundamental and change fundamentally if we are to have a successful province."

MacLeod said she feels the only way to change the direction of the provincial government is to "change the team that leads the province."

Still, the PCs would require the NDP to also vote against the speech from the throne to take down the government and precipitate another provincial election.

NDP Leader Andrea Horwath has signalled her party will not do that, and will instead wait to see what's included in incoming Finance Minister Charles Souza's first provincial budget.

When asked if her party was ready for another provincial election, MacLeod declined to speculate.

When asked if there is anything good for Ottawa in the speech, MacLeod said the government has not kept to its word before and so she "won't hold (her) breath."

ALEX BOULIER/METRO



Premier Kathleen Wynne and Finance Minister Charles Souza react after Lt.-Gov. David Onley delivers the throne speech at the Ontario legislature in Toronto on Tuesday.
CHRIS YOUNG/THE CANADIAN PRESS

Throne speech calls for party co-operation

New leader. The Liberals addressed several key issues important to Ontarians ranging from welfare reform to input on casinos to spending

Ontario's governing Liberals promised Wednesday to keep a close eye on corporate taxes, work with public-sector employees on wage talks and give local residents more say in whether they get a wind farm, gas plant or casino.

The speech from the throne, which laid out the government's agenda and marks the start of the legislative session, also promised to work collaboratively with the opposition parties to make the minority parliament work.

The province needs all three parties to work together "in a spirit of renewed co-operation" to get things done, Lt.-Gov. David Onley said in reading the speech.

"Your new government sees a great province that brings together disparate elements and bonds them together as one."

"And your government believes that the legislature should work the same way."

While the speech contained measures the Tories and New Democrats were seeking, there appeared to be more goodies for the NDP.

There was a promise to restrain spending to one per cent below gross domestic product once the budget is balanced in 2017-18 — something that would appeal to the Tories.

They also plan to "evaluate

corporate tax compliance," while exploring a tax break by raising the exemption threshold of the Employer Health Tax — both meant to woo the NDP.

In addition to paying down the deficit, the new government's agenda will also include an emphasis on job creation and building a "fair society," the speech said.

They'll work to tackle youth and aboriginal unemployment, while making efforts to give people with disabilities better access to jobs. The government will also contribute \$50 million to a new venture capital fund to give small- and medium-sized businesses a leg up.

At the same time, they'll let people on social assistance keep more of their earnings when they work.

THE CANADIAN PRESS

Rocky relationship

The throne speech addressed the ongoing tensions with teachers and unions.

- **Ironing out issues.** As for the Liberals' rocky relationship with labour groups and teachers angry over imposed contracts, the government will "build a sustainable model for wage negotiations" that will respect collective bargaining, the speech stated.
- **Respect.** "It will show its respect for teachers, support staff, principals and school boards," Onley read.

1 NEWS



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Violent theft. Third suspect arrested in kidnapping of seniors

Quebec provincial police say they have arrested a third suspect in the violent kidnapping case of two seniors in Quebec last weekend.

Sgt. Marc Tessier said police arrested a 22-year-old Ottawa man in Gatineau late Monday afternoon, within hours of a court appearance by two Ottawa teens also accused in the kidnapping.

Tessier said the third suspect did not resist arrest and was set to make an appearance in court Tuesday.

He could face several charges, including kidnapping, theft, and assault. Tessier added other charges could be laid against him.

The two youths aged 16 and 17, who were arrested over the weekend, face a total of 14 charges, including kidnapping, forcible confinement and theft.

Police say two suspects stormed into a cottage in Bouchette near Maniwaki, Que., and robbed a 70-year-old woman and a 65-year-old man.

JOE LOFARO/METRO

Investigation

Leery package halts traffic

A police investigation into a suspicious package on Bayview Road snarled traffic in the area, and several buses were delayed on the transitway before police finally re-opened the area to traffic around 6 p.m.

A police explosives unit was called in to investigate a package at the Tom Brown Arena parking lot. JOE LOFARO/METRO

Suspected kidnapping

Police arrest alleged pimp

Police made an arrest Saturday in what they believe was a prostitution ring run by a 27-year-old Ottawa man after witnesses saw a woman forcefully kidnapped from a downtown bar. Police charged Ken Katalayi-Kassende Saturday with kidnapping, human trafficking and living off the avails of prostitution.

GRAHAM LANKTREE/METRO

Utility bills. Committee recommends 7 per cent city water-rate hikes

Ottawa's environment committee is recommending council approve a seven per cent hike on water bills in both 2013 and 2014.

The committee gave its assent to the proposed 2013 and 2014 rate budgets for water and wastewater services, which would add around \$50 to the average ratepayer bill both years.

The city's general manager of environmental services, Dixon Weir, said the money is

required to pay for the renewal of aging water and wastewater infrastructure, as well as new growth projects.

"Much of this (infrastructure) was constructed post-Second World War," Weir said after the committee meeting. "And so it's coming up to its end of its life cycle and so we need to continue to reinvest so that we can deliver services that residents have grown used to."

ALEX BOUTILIER/METRO

Slamming the capital.

Gathering will feature writing workshops, lessons on team presentations



GRAHAM LANKTREE

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Young slam poets who spit rhymes at each other in verbal battles hope to leave their war of words on the stage and come together to sharpen their skills at a new festival in Ottawa this summer.

"Speech is such a vibrant way of connecting with each

Local poet

"Spoken-word poetry helps your public speaking.... It's a way to express your deepest ideas."

Ottawa poet Ikenna Onyegbula

other. Spoken-word poetry helps your public speaking, your posture. It's a way to express your deepest ideas," said Ottawa poet Ikenna Onyegbula, who plans to hold the first YouthCanSlam Festival from Aug. 20 to 25. "The whole point of the festival is to create a national community."

The idea has landed Onyegbula a \$1,000 grant this month from Awesome Ottawa to bring the week-

long cultural festival to the city this summer.

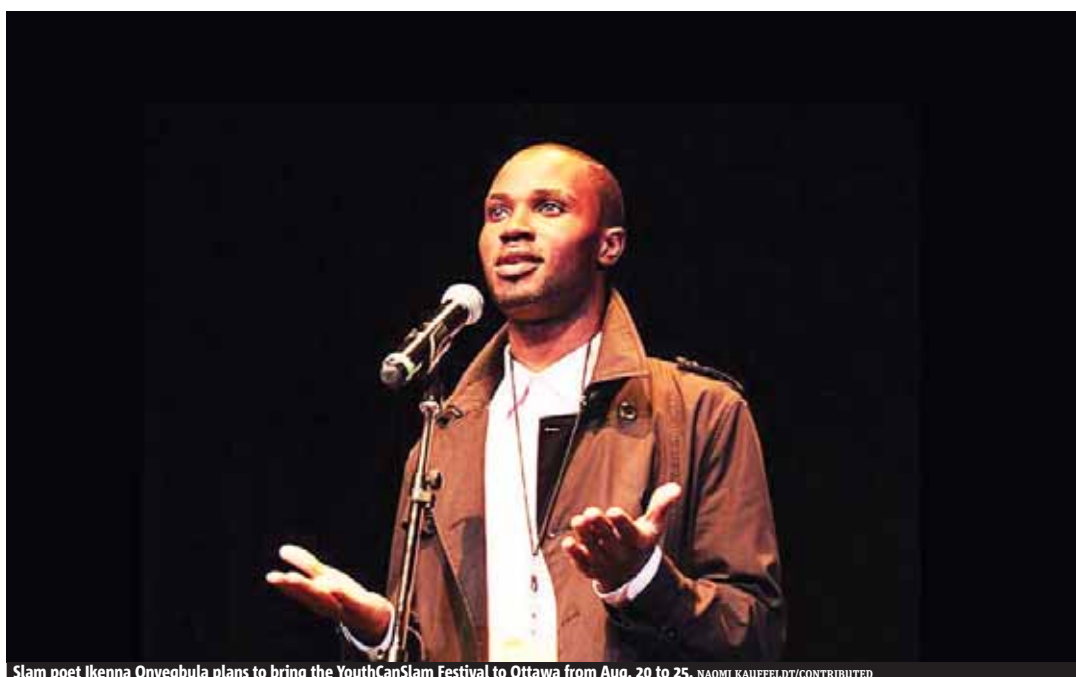
"I think the slam-poetry scene, the spoken-word poetry scene, is growing and growing steadily," said Nigerian-born Onyegbula, who has won two National Poetry Team titles and travelled Europe and the U.S. showcasing his craft.

Onyegbula already teaches spoken-word workshops at Carleton University every Tuesday, he said, adding that

similar programs exist across the country. The thought is to bring together youth ages 13 to 22 involved in the scene in each city to learn from masters of the craft such as skilled Ottawa rhyme-smith Ian Keteku or Rusty Priske and each other.

The draw for audiences, however, is seeing their favourite poets face off on stage.

"The beauty of this festival is that even though there is a competition component where poets throw down against each other, they get to know each other better in the workshops," said Onyegbula. "There are so many things people are doing to innovate in their own way."



Slam poet Ikenna Onyegbula plans to bring the YouthCanSlam Festival to Ottawa from Aug. 20 to 25. NAOMI KAUFFELD/CONTRIBUTED

Poetry festival to offer Canada's best

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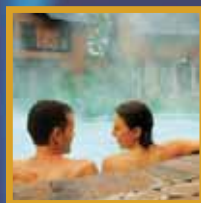


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Brantford

StatsCan worker
trashes hotel room

Broken furniture. Stained carpets. Ink-smeared bed sheets. Damaged wallpaper.

Newly released documents show one census-taker's wild party left Statistics Canada with a hefty bill for her trashed hotel room.

Eight enumerators rolled into Brantford in July 2011 and checked into the Hampton Inn and Suites.

One room was trashed. The total bill came to nearly \$6,000. Statistics Canada settled for \$4,000.

THE CANADIAN PRESS

Climate change

Tory carbon policy
a mess: Report

The Conservative decision to go with complex, sector-by-sector regulation of emissions while provinces experiment with market-driven policies, such as cap-and-trade systems and carbon taxes, makes for a confusing and possibly expensive patchwork, said a report released Tuesday by the International Institute for Sustainable Development. **THE CANADIAN PRESS**

Pistorius says he mistook his girlfriend for intruder

Premeditated murder charge. Prosecutors say the evidence proves the killing was no accident

Oscar Pistorius wept Tuesday as his defence lawyer read the athlete's account of how he shot his girlfriend to death on Valentine's Day, claiming he had mistaken her for an intruder.

Prosecutors, however, told a packed courtroom that the double-amputee mercilessly killed 29-year-old Reeva Steenkamp as she cowered inside a locked bathroom.

Pistorius told the Pretoria Magistrate's Court at a bail hearing he felt vulnerable in the presence of an intruder inside the bathroom because he did not have his prosthetic legs on, and fired into the door.

In a major point of contention, prosecutor Gerrie Nel said Pistorius took the time to put on his prostheses, walked seven metres from the bed to the enclosed toilet inside his bath-



The chief magistrate ruled that Pistorius must face the harshest bail requirements. MASI LOSI, PRETORIA NEWS/THE ASSOCIATED PRESS

room and only then opened fire. Three of the four bullets fired into the door hit Steenkamp, Nel said.

Pistorius said in his sworn statement that after opening fire, he realized Steenkamp was not in his bed.

"It filled me with horror and fear," Pistorius said.

The 26-year-old Olympian said he put on his prosthetic legs and tried to kick down the door before finally bashing it in with a cricket bat. Inside, he said he found Steenkamp. He

said he lifted her bloodied body and tried to carry her downstairs to seek help.

Nel said the athlete opened fire after the couple engaged in a shouting match and she fled to the bathroom.

THE ASSOCIATED PRESS

The victim

Reeva Steenkamp actively campaigned against domestic violence.

- South Africa has the world's highest rate of women killed by an intimate partner, according to a study by the Medical Research Council. Professor Rachel Jewkes of the council said at least three women are killed by a partner every day.



A woman holds a photo of Reeva Steenkamp as she leaves her funeral Tuesday. SCHALK VAN ZUYDAM/THE ASSOCIATED PRESS

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Kansas City block goes up in flames after crash

A car crashed into a gas main Tuesday evening in an upscale Kansas City shopping district, sparking a massive blaze that engulfed an entire block and caused multiple injuries, police said.

Seven or eight people were injured and taken to area hospitals, but there were no immediate reports of fatalities, police Sgt. Tony Sanders said. He said the manager of JJ's restaurant, which was destroyed in the blaze, was unable to account for three people, but it was unclear whether they were caught in the blaze or had left earlier.

Earlier, police spokeswoman Rhonda Flores said it appeared that a car crashed into a gas main near JJ's just after 6 p.m. Flores said an initial call for three ambulances had been increased to 10. Flores said the car crash appeared to have been accidental.

The University of Kansas Hospital is treating two people who brought themselves to the facility, said spokesman Bob Hallinan. He said the two injured people were being evaluated and he didn't immediately have their conditions.

Kerry O'Connor, a spokes-



In this image taken from video from KCTV, firefighters battle a massive fire at Country Club Plaza in Kansas City, Mo., on Tuesday. KCTV/THE ASSOCIATED PRESS

woman for St. Luke's Hospital, which is near the scene of the fire, said several patients were sent to the hospital. She said they haven't been assessed yet but "they appear to be critical at this time."

Fire officials didn't immediately return a phone call seeking comment Tuesday evening.

The smell of gas was very strong near the area long after the suspected explosion.

There were signs that utility work was being done in the area. A phone message left Tuesday seeking

comment from Missouri Gas Energy was not immediately returned.

Video showed dozens of firefighters and other emergency responders battling a massive blaze that appeared to have engulfed an entire block, with flames burning through the roofs. Black smoke swirled in the air, and debris littered surrounding streets.

The shopping area was established in 1922 by J.C. Nichols. Based on the architecture of Seville, Spain, it includes retail shops, restaurants, apartments and offices. **THE ASSOCIATED PRESS**

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Canada
Innovates

Part 1

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In terms of traditional print, Metro has broken free of the mould used by other newspapers. Our story selection and presentation are unique in the Canadian media landscape.

Today we've profiled the state of Canadian innovation and where the seeds of ideas are sown. Governments are stepping up with increased innovation investment and the private sector is poised to jump on the opportunities — Canada is ripe for the next wave of social, cultural and technological innovation.

On Day 2 we look back at Canada's innovative past and show you today's Canadians who are making a difference. On Day 3 we look at some of Canada's failures — and a surprise guest tells us what we need to do to charge to the forefront of innovation.

Metro's contribution to this innovation comes in the way we'll tell the stories — we're putting design and information on a collision course. Whether these ideas embody the innovative spirit is something we'll leave up to you. Check them out, then email us at readers@metronews.ca or tweet @MetroNewsCanada.

CANADA: OUR HOME

Answering the call.
Government, investors
and academics want
to lead us out of
innovation's backwoods



STEPHEN
BALDWIN
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In the mid-1800s, a Canadian scientist sought to honour his deaf mother and wife through understanding the science of hearing.

By 1874 he was splitting time between his Brantford, Ont., home and a Boston laboratory, gaining a reputation as one of the most intelligent and inventive scientists in the Western hemisphere. It was in Boston, though, where he would develop the vital relationships — and funding — required to produce the technology that would change the way billions of people communicated.

Most of us wouldn't have known the name Alexander Graham Bell had it not been for American businessmen Gardiner Hubbard and Tom Sanders.

Aside from being Bell's father-in-law, Hubbard, along with Sanders, provided the resources required for experimental prototypes.

Nearly 150 years later, inspired Canadian scientists, engineers and entrepreneurs continue to head south to have their dreams realized.

A 2010 report by the Conference Board of Canada gave our country a D grade for its innovation efforts and a ranking of 14 out of 17 developed countries (below Austria and Denmark). They defined innovation as "the ability to turn knowledge into new and improved goods and services."

The report found Canada lagging in several key innovation indicators, including patents produced per capita,

export market share of electronics and pharmaceuticals, and technology manufacturing.

Later that year, the government assembled an expert panel from the academic and corporate worlds to solve the innovation gap. The result was a report entitled Innovation Canada: A Call to Action, a review of innovation over the past 30 years that provided a framework for repositioning Canada's economy.

"The budget last year, which was only maybe six months after the report, enacted a whole host of initiatives that were recommended in the report," says Tom Jenkins, the panel's chair.

Quoted



"I think overall we are still lagging in innovation. As a score, we're certainly not at the top. The Conference Board, the Institute for Competitiveness and Prosperity — they all show that we can do better, and historically we have done better."

Tom Jenkins is the executive chairman and chief strategy officer of Waterloo-based software company OpenText, serves on boards for a variety of software companies, is a member of several national academic councils and the chair of the Canadian Digital Media Council.

Among Jenkins's several distinguished titles is executive chairman and chief strategy officer of software company OpenText in Waterloo, Ont.

According to him, two significant barriers to innovation are the bureaucratic red tape keeping entrepreneurs from tax credits, and turning the government, one of the market's largest buyers, into a customer.

Progress has been made on the former through simplification of the Scientific Research and Experimental Development tax-incentive program (known as SHRED).

The latter has been considered through the Canadian Innovation Commercialization Program (CICP), which awards

government contracts to the most innovative firms. For Jenkins, these are steps in the right direction, but more needs to be done by the public sector to drive competition.

"In our research we found that customers, demanding customers, in a competitive environment are the No. 1 driver of innovation," he said. "The private sector has this built-in conveyor belt that forces it to innovate, and if it's not innovating fast enough or big enough, then that's where government, which has a different agenda, needs to sort of weigh in and encourage."

Jenkins notes four key components of an innovation ecosystem:

Talent

Canada's schools continue to perform well on a global stage, but now it's a matter of cultivating this wealth of intelligence and creativity.

Toronto has seen the formation of university-based innovation centres like Ryerson's Digital Media Zone (DMZ), alongside innovation-focused post-grad programs.

The same can be said for the University of Calgary's Haskayne School of Business and the University of British Columbia's Sauder School of Business.

Capital

Today's entrepreneurs look to government grants and loans in the public sector and large, daring investment companies



Ironically, Alexander Graham Bell, arguably this country's greatest innovator, had on to create the BlackBerry found that things have gotten a little better for bright

Suzie's path
of innovation

Suzie could be your average Canadian. She is intelligent, creative and motivated. She doesn't mind her job, but is constantly day-dreaming about building something she can call her own. Suzie has ideas, but she's the only one who knows them. She has plans, but doesn't know how to carry them out.

The entrepreneurial road can be daunting, but if Suzie can follow five steps, she could end up with exactly what she's been dreaming about.

STEPHEN BALDWIN/METRO



Conception

A great idea can come in an "a-ha!" moment or through weeks of brainstorming. Ideas come in all shapes and sizes and can be original or improvements to current concepts or products. Who hasn't thought, "That would be so much better if..."? Thoughts will be swirling and questions will arise: What purpose it will serve? How will we execute it? Is there a market? Just don't spend too much time coming up with the company name.



Collaboration

Ideas begin to take shape when people with a common interest or goal work together. Everyone's got a unique perspective, and incorporating everyone's input on a product or service can be painstaking — but necessary — as the idea percolates. Breakthroughs are the result of hours of tedious work. Having someone to help carry the burden and responsibility can allow you to get where you need to be faster and more effectively. For those who can't find their entrepreneurial soul mate, meet-ups and forums can help.

AND INNOVATIVE LAND



to leave Canada to pursue the inventions he envisioned. His successors who went people with bright ideas. PHOTO ILLUSTRATION BY DAVID VAN DYKE

(angel investors and venture-capital funds) in the private sector. Examples of the latter include VA Angels (Alberta), Version One Ventures (B.C.), First Angel Network (Nova Scotia), Extreme Venture Partners (Toronto), Sask Works Venture Fund and the Manitoba Knights.

Infrastructure

Innovation hubs called incubators and accelerators continue to pop up throughout the country, often in collaboration with universities. They have helped companies in Waterloo like OpenText and BlackBerry thrive.

"It's where you get to perform the contact sport," Jenkins says. "In those centres, there are accountants, bankers, people who can access mentors. That's absolutely essential."

Customers

A concentrated customer base is essential to the growth of a company, but the Internet has made it such that this is no longer a geographical requirement. A Canadian startup can come up with a product that caters specifically to Icelanders.

In January, Stephen Harper announced a \$400-million investment in venture capital.

It's a big step for a government that has been criticized both at home and abroad for living in the past, and with the infrastructure in place, it's now on the private sector, and the next generation of entrepreneurs, to take advantage.

Regardless of the outcome, Canadians can find comfort in the axiom that tolerance breeds innovation. But in this game, according to Jenkins, getting too comfortable can mean falling behind.

"It's the nature of innovation that you cannot rest on your laurels. Because innovation by its nature is constantly changing and constantly challenging countries or companies to keep up. This is not a snap shot, it's a treadmill."

Startups

Canadian innovation: A cautionary tale



TAKARA SMALL

takara.small@metronews.ca

Canada's track record for supporting innovation is good — but it could be better, experts say.

More available capital, resource support and a dash of bravado might be what it takes to push our creative envelope to the max.

Small-business consultant Mark Evans believes the investment community looks at the big-ticket items at the expense of overlooking niche innovation.

"There are not enough sources of seed capital, and a lot has to do with the investment mentality that prevails with big investors who are more conservative. We're happy giving money to companies that want to dig holes in the ground (minerals, etc.), but it's a different game when it comes to other investments," said Evans, a former business journalist, turned consultant, with past credits in the Financial Post and the Globe & Mail.

Small businesses in Canada is a big deal. They account for 98 per cent of our ongoing businesses — and many of them started up to fill a niche or provide a service with an innovative idea or approach. They are the drivers of innovation.

"It's important that people (especially the youth of tomorrow) begin thinking like entrepreneurs," says Lesley Wilmot, director of marketing and communication at the Canadian Youth



Small businesses aren't small potatoes in Canada. They account for 98 per cent of ongoing businesses in the country. But are today's youth thinking like entrepreneurs? PHOTOS.COM

Business Association.

"We need them for our economy to continue to grow."

Wilmot's organization was established by the government in 1996 and provides youth between 18 and 39 with much-needed startup capital and access to mentors, who offer business advice, guidance and collaboration.

The government and private sector are stepping up with more credit and support for innovative small businesses across the country.

The final step, according to Evans, is believing we're

innovators. Canada has long been an innovative nation, but we tend to shy from the limelight.

"Canadians are too modest and humble for their own good compared to U.S., who are always ready to declare themselves as the best or No. 1," said Evans.

More online

To read the full feature on Canadian innovation, including our quiz on what Canada has given the world, visit metronews.ca/innovation



Funding and incubation

Venture capitalism and angel investors are emerging as popular avenues for funding. These investors are willing to bet big on great ideas, often for a piece of the company or its profits. Small business can also look to available grants and loans offered by each level of government. Incubators and accelerators provide new businesses with the resources and mentoring needed to grow. Both often provide funding, but their real value is in helping you develop your idea in a collaborative setting.



Experimentation

This varies depending on the idea or application. Web startups will launch a beta version of their site, while others require a more tactile approach (e.g., testing/demonstration in the targeted industry, trade shows/showcases, etc.). This stage allows kinks to be smoothed, and in some cases forces you to start from scratch.



Marketing

This step is often overlooked, but it's as important as the others. You've put together something fresh and innovative, but no one knows about it, so no one cares. Researching and seeking out those people who can influence the success of your innovation is critical. The way you present your business will say a lot about what you do and how you do it. Done right, you can allow the innovation to speak for itself.

Great-West to buy Ireland's top life-insurance provider

EU economic recovery. Winnipeg-based firm strikes deal with Irish government to privatize bailed-out company

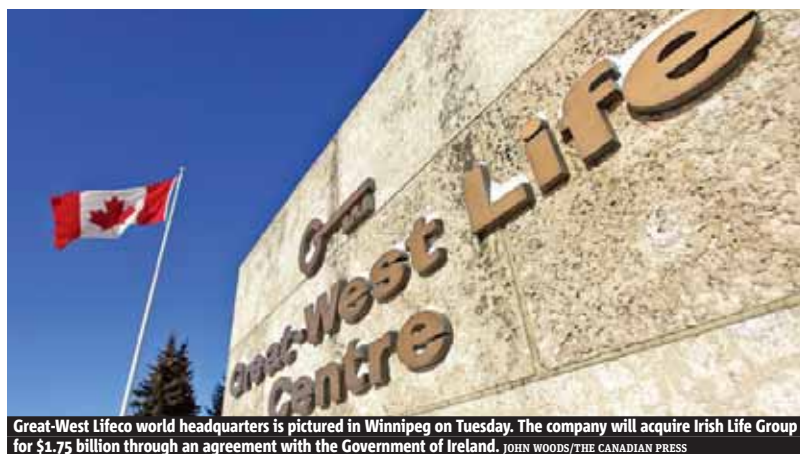
Great-West Lifeco Inc. will buy Irish Life Group for \$1.75 billion from the Government of Ireland, which acquired the financial-services company last summer as part of a bailout of its former parent.

Irish Life provides life insurance, pension management and investment services to more than one million customers — including about 800,000 individual policy holders.

It also manages assets worth the equivalent of \$50 billion and employs about 2,200 people — almost all in Ireland.

"The acquisition of Irish Life is transformational for our companies in Ireland," Great-West president and CEO Allen Loney said Tuesday.

He said Great-West will become Ireland's leading provider of life insurance, pension and



Great-West Lifeco world headquarters is pictured in Winnipeg on Tuesday. The company will acquire Irish Life Group for \$1.75 billion through an agreement with the Government of Ireland. JOHN WOODS/THE CANADIAN PRESS

investment services with the single transaction.

The Winnipeg-based company began its pursuit of Irish Life when an auction process was launched in September 2011, but withdrew in November of that year due to the European sovereign debt and banking crisis. Speaking from Dublin in a phone interview,

Loney said that negotiations resumed about two-and-a-half months ago in November 2012, after the economy began to show signs of improvement.

Loney said Great-West was attracted by Irish Life's strong management, product range, market share and technology and heartened by improvements in the macroeconomic

situation. "It's a very youthful demographic here in Ireland. We feel very confident that there will be good growth in Ireland in time to come," Loney said.

"Certainly, the Irish economic situation and fiscal situation ... (has) improved out of all recognition in the last 18 months or so." **THE CANADIAN PRESS**

EU mystery-meat scandal. Fancy some horse ravioli? Nestle recalls pasta meals

The world's biggest food and drinks maker, Nestle SA, has become the latest company to pull some of its products off European shelves after they were found to contain undeclared horse meat.

The company, based in Vevey, Switzerland, said in a statement late Monday that it withdrew some of its beef-pasta meals from sale after tests conducted two days earlier detected horse DNA. Nestle said it increased its surveillance after reports emerged last month of mislabelled products being sold in Britain.

"Our tests have found traces of horse DNA in two products made from beef supplied by H.J. Schypke," Nestle said in a statement. "The levels found are above the one per cent threshold the U.K.'s Food Safety Agency uses to indicate likely adulteration or gross negligence."

H.J. Schypke, a German subcontractor for one of Nestle's suppliers, Belgium-based JBS Toledo N.V., said in a statement Tuesday that it had never knowingly procured horsemeat.

"We regret this incident and



This 2010 file photo shows Nestle SA's headquarters in Vevey, Switzerland. The company is among a growing number of European food manufacturers to have discovered horsemeat in their products. DOMINIC FAVRE/KEYSTONE/THE ASSOCIATED PRESS FILE

will intensify our efforts to provide the highest quality products," it said. "As a result, we will conduct genetic tests on all raw incoming meat in future."

Nestle insisted that the Buitoni Beef Ravioli and Beef Tortellini meals sent to Italy and Spain, and frozen meat sold as Lasagnes à la Bolognaise Gourmandes to catering businesses in France, were safe to consume. **THE ASSOCIATED PRESS**

Z10. Analysts increasingly polarized on BlackBerry

Analysts are split on the future of BlackBerry and its prospects for sales success, as Canaccord Genuity pulled back its expectations for the smartphone maker on Tuesday.

The investment firm said it believes shipments of the new BlackBerry devices in February will fall short of earlier predictions of just 300,000 units, a far cry from its initial estimate of more than 1.75 million.

The outlook adds to a polarizing view of the smartphone maker from the analyst community, which has a range of price targets from nearly \$23 to as little as \$9. Canaccord

Quoted

"Our follow-up checks have indicated steady but modest (Z10) sales levels."

Canaccord analyst Michael Walkley

sits at the low end of those expectations.

Canaccord said its global surveys show initial sales have been mixed for the BlackBerry Z10, with limited supply rather than overwhelming demand behind post-launch shortages at some stores.

THE CANADIAN PRESS

Email wars. Microsoft kicks off marketing blitz to promote Outlook.com

Microsoft is so confident it has the Internet's best email service that it is about to spend at least \$30 million to send its message across the U.S.

The barrage began Tuesday when Microsoft's twist on email, Outlook.com, escalated an assault on rival services from Google Inc., Yahoo Inc., AOL Inc. and a long list of Internet service providers.

As part of the process, all users of Microsoft's Hotmail and other email services

operating under different domains such as MSN.com will be automatically converted to Outlook.com by the summer, if they don't voluntarily switch before then. All the old messages, contacts and settings in the old inboxes will be exported to Outlook.com. Users will also be able to keep their old addresses.

Email remains a key battleground, even at a time when more people are texting each other on phones.

THE ASSOCIATED PRESS



Is the world too keen on quinoa?

In this Feb. 16 photo, quinoa plants grow in a farmer's field in Patamanta, Bolivia. A burgeoning global demand for quinoa is spurring new cultivation all across Bolivia's western highlands as prices for the so-called supergrain soar. But agronomists say quinoa fever is running up against physical limits. Quinoa does not lend itself to industrial-scale production and the rush to increase yields is prompting Bolivian growers to abandon traditional agricultural practices, thus endangering the fragile highlands' ecosystem. Today, Bolivia's President Evo Morales will attend a UN event declaring 2013 the International Year of Quinoa. JUAN KARITA/THE ASSOCIATED PRESS

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Bring a gun and save

Hands up! I'll have pepperoni, onion and mushrooms

A Virginia Beach, Va., pizza-shop owner is showing his support for firearm rights by giving gun owners a 15 per cent discount.

The discount is given to anyone who brings a gun or concealed handgun permit to All Around Pizzas and Deli. Since the discount began last Friday, owner Jay Laze says, 80 per cent of customers have brought guns into the pizza shop. One customer came in with an AK-47. **THE ASSOCIATED PRESS**

Java vulnerability

Apple says some of its office Macs were hacked

Apple says a small number of Mac computers at its offices were infected by malicious software, in an attack similar to the one Facebook acknowledged last week.

In both cases, computers were infected through software downloaded from a developers' site. The attacks took advantage of flaws in the Java plug-in for browsers; the U.S. Department of Homeland Security has recommended disabling the plug-in. **THE ASSOCIATED PRESS**

KILLIN' IT WITH COSMIC TIMING



JUST SAYIN'
Paul Sullivan
metronews.ca/voices/
just-saying

Most astronauts explore space, the final frontier.

Chris Hadfield plays space, the Borscht Belt.

Hadfield is the first Canadian commander of the International

Space Station, and, unlike previous, more conventional Canadian astronauts, Hadfield is knocking them dead.

It's as if he was on his way to Vegas and instead of taking I-95, he took the second star to the right and went straight on until morning.

Since climbing aboard the ISS just before Christmas, he has: Chatted with Captain Kirk, that other enterprising Canadian; composed a song and sung it with Ed Robertson of the Barenaked Ladies; sent valentines from space ("My heart glows like the Northern Lights ..."); participated in Ask Me Anything on Reddit; taken hundreds of vacation snaps ("Here's one of Victoria from 350 kilometres up, and I think this one is Dublin by day ..."); and tweeted compulsively to his 360,000 followers on Twitter.

High-flying showman

Here on the ground, we're not used to entertaining astronauts. Astronauts are tucked in and trim. They say things such as "roger, wilco," not "Wow, I can feel the warmth of the Irish all the way up here. Go raibh maith agaibh!," which is what he tweeted after posting his high-flying photo of Dublin.

Back here on the ground, we're not used to entertaining astronauts. Astronauts are tucked in and trim. They say things such as "roger, wilco," not "Wow, I can feel the warmth of the Irish all the way up here. Go raibh maith agaibh!," which is what he tweeted after posting his high-flying photo of Dublin.

Hard to tell what he'll do for an encore, but you can bet his global audience will demand it. Maybe he'll be held over, like that other Canadian astronomical stalwart, Cirque du soleil.

It's also hard to tell what this virtuoso tour de force is doing for space exploration or the Canadian Space

Agency, but more than one commentator has pointed out it will be harder to close it down by any government that doesn't have a death wish. Like the RCMP Musical Ride and the Snowbirds, you can't shut Chris Hadfield down any more than you can shut him up.

As I write, he's just finished demonstrating how to make a sandwich in a weightless state. (Peanut butter and honey on a space tortilla that's virtually indestructible. Yum.)

Of course, Hadfield's Orbiting Space Shenanigans aren't universally popular. Some people think he's trivializing space exploration and research. We spent how much to send Bozo into orbit? What about serious issues such as global warming? And, if you're a conspiracy theorist: What's he really doing up there?

Still, anyone with 360,000 followers must be doing something right. I think I've added 36 followers across the same time span. Of course, I can't tell you how to make a PB and honey sandwich in total weightlessness. I can, however, recommend crunchiness over smooth, a tip that's worth its weightlessness in gold.



There's cosmic gold in them thar hills: "Tá Éire fíorálainn! Land of green hills and dark beer. With capital Dublin glowing in the Irish night," @Cmdr_Hadfield tweeted Monday with this photo of the city taken from the ISS. [TWITTER](#)

Go-go Golden-i gadget



GOLDEN-I/REX FEATURES

Inspector's gadget

Headset lets police look through walls

This head-mounted computer promises to give police officers and other emergency services Robocop-like abilities. The Golden-i unit is operated by voice commands and head movements and allows the wearer to access vital information without using their hands. The device also offers the ability to see through walls thanks to infrared technology. [METRO](#)



Golden-i's infrared vision: Developers say their gadget allows officers to record situations for later analysis and view live video feeds from other Golden-i devices. [GOLDEN-I/REX FEATURES](#)

In stores this year

You too can spy with a Golden-i

Made by U.S.-based Kopin Corporation and U.K. firm Ikanos Consulting, Golden-i was showcased at the Consumer Electronics Show in Las Vegas last month, although "no pricing has been announced yet," a spokesperson told Metro. The Golden-i professional kit is expected to be released by the summer, while a consumer version is set for later in the year. [METRO](#)

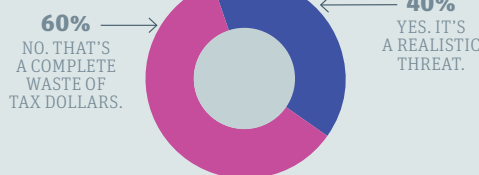
Golden-i's powers

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- GPS co-ordinates.
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- Call up floor plans and
- Scan licence plates instantly.



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Should the government prepare for a zombie apocalypse, just in case?



Twitter

@Megs_Hansen:

The fact that Helene from bar-haven is on Ellen today makes me feel famous #ottawa

@HausOfAlfie:

Happy Suspicious Package Week, Ottawa #Late

@maddiepage12:

While normal people go somewhere tropical for march break, we go to Ottawa for provincials @RINGETTE_PROBS #ringetteprobs

@Sharktank05:

I bet @Cmdr_Hadfield is having a laugh right now watching how brutal traffic is in #Ottawa. BUT, im enjoying a #timmys coffee, so there!

@drauski:

So much snow here in #ottcity Life is beautiful #winterwonderland #ottawa

@wtfmichel:

I chose the wrong day to leave my room today, this #OttCity weather is the cray. C'est la misère.



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Musician Carly Rae Jepsen received five Juno nominations on Tuesday, including album of the year. THE CANADIAN PRESS

Call me Juno: Carly Rae Jepsen tops list

Award contenders.

Justin Bieber, Johnny Reid, Leonard Cohen and Deadmau5 also recognized

Looks like the Juno Awards knew Carly Rae Jepsen's number.

The singer from British Columbia — whose monster single *Call Me Maybe* took

the world by storm in 2012 — landed a leading five nominations on Tuesday, prompting a flood of kudos and even spontaneous singing from fellow nominees gathered at a media conference.

"It's catchy. It's in my blood," Maestro Fresh Wes, a nominee for rap recording of the year, said as he burst into the chorus of *Call Me Maybe* in a red-carpet interview.

"You can't help it, man. It's cool, man, it's cool, and I wish her all the best. It's a lot

of hard work. People just see the final product, they don't see the blood, sweat and tears that was put into making that project come into fruition, so all the best to her."

Jepsen was nominated for two prizes at the recent Grammy Awards but went home empty-handed.

At the Junos, she'll vie for the fan choice award, single of the year, album of the year, artist of the year and pop album of the year.

"It's a great pop song — let's

not mess around," said Erik Arnesen, banjo/guitar player for the Great Lake Swimmers, who are nominated for roots and traditional group album of the year.

"It's a shame she wasn't able to get the Grammys so here's hoping she gets some recognition in her own country."

"I was a little disappointed she didn't get a Grammy," added Ottawa teen country singer Kira Isabella, who's nominated for breakthrough

artist of the year.

"I hope she wins big this time. I'm really proud of her. She's had an amazing year."

"(Call Me Maybe) has to win song of the year! People that say they're sick of it — it just grew on me even more."

Jepsen's biggest competition is Stratford, Ontario-bred teen phenom Justin Bieber, who is next in line with four nominations: fan choice, best album, best artist and pop album.

THE CANADIAN PRESS

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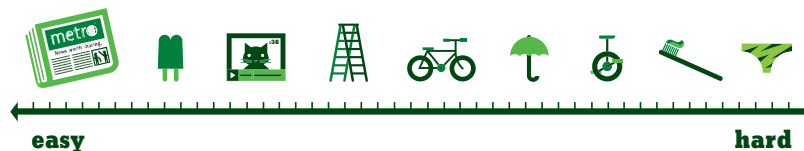
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In these alien films, no one can hear you scream

Dark Skies. New movie aims to join the outer space/horror canon—a genre with many flops and a few triumphs



IN FOCUS
Richard Crouse
scene@metronews.ca

Sci-fi and horror rarely mix, but when they do it can result in classics like *Alien*, a near perfect fusion of scientific fiction and terror. Or, when the blend isn't right, you get flops like *The Mole People*.

This weekend *Dark Skies* hopes to hit the right balance with a story about a suburban couple, an ET disguised as a human and some good old-fashioned alien abduction.

We won't know until opening day whether or not the movie works, but horror stories about outer space creatures have succeeded in the past.

The premise of *Species* is pure sci-fi. Scientists discover that alien and human DNA can be combined. Of course nothing bad will happen when you create a human with alien traits, right?

A-listers like Ben Kingsley added some cache, but it was the horror of the H.R. Giger-designed alien and Natasha Henstridge's flicking frog-like tongue that made the movie memorable.



Josh Hamilton and Kadan Rocket star in *Dark Skies*, a new sci-fi/horror film opening this weekend that features alien activity in the suburbs.

THE ASSOCIATED PRESS

Years before Peter Jackson hit it big with *Lord of the Rings*, he made a film that mixed sci-fi, horror and a big helping of humour.

Bad Taste sees a small town taken over by aliens who harvest humans as ingredients for their fast-food restaurants.

Über low-budget, the movie was called a "deranged, bloodthirsty heir to the Marx Brothers' slapstick kingdom" by a BBC film reviewer. Its best joke may be on the DVD cover. The film title's font looks like the logo of the U.S. takeout restaurant Fatburger.

It Came from Outer Space (one of the first alien invasion films), *The Blob* and giant ant movie *Them!* all combine the best elements of sci-fi and horror, but not all movies are as successful.

The title *Robot Monster*

promises some futuristic scares, but earned the title "Baddest of the B-Movies" in Michael Sauter's book *The Worst Movies of All Time* mainly because the robot was actually just an actor dressed in a gorilla suit topped with a diving helmet.

The name Bela Lugosi conjures up images of horror to anyone familiar with his portrayal of Dracula, so a sci-fi movie with the genre legend should be both speculative and spooky, right? Wrong.

The Golden Turkey Awards dubbed Plan 9 from Outer Space "The Worst Film Ever," but it wasn't Bela's fault.

He died before the movie was actually shot, but director Ed Wood Jr. used test footage of the actor in the finished film; hence the video box tagline, "Almost starring Bela Lugosi."

Game of Thrones. Season 3 will be a rough ride for Sansa Stark, says actress

Fans of George R. R. Martin's *A Song of Ice and Fire* novels probably think they have a good idea of what's in store for young Sansa Stark in the *Game of Thrones* third season.

And actress Sophie Turner has hinted that they might be right.

In an interview to promote yesterday's DVD/Blu-ray release of the show's second season, Turner divulged a few hints about the new season, which premieres March 31 on HBO Canada (warning, potential spoilers ahead).

"I can tell you that Sansa



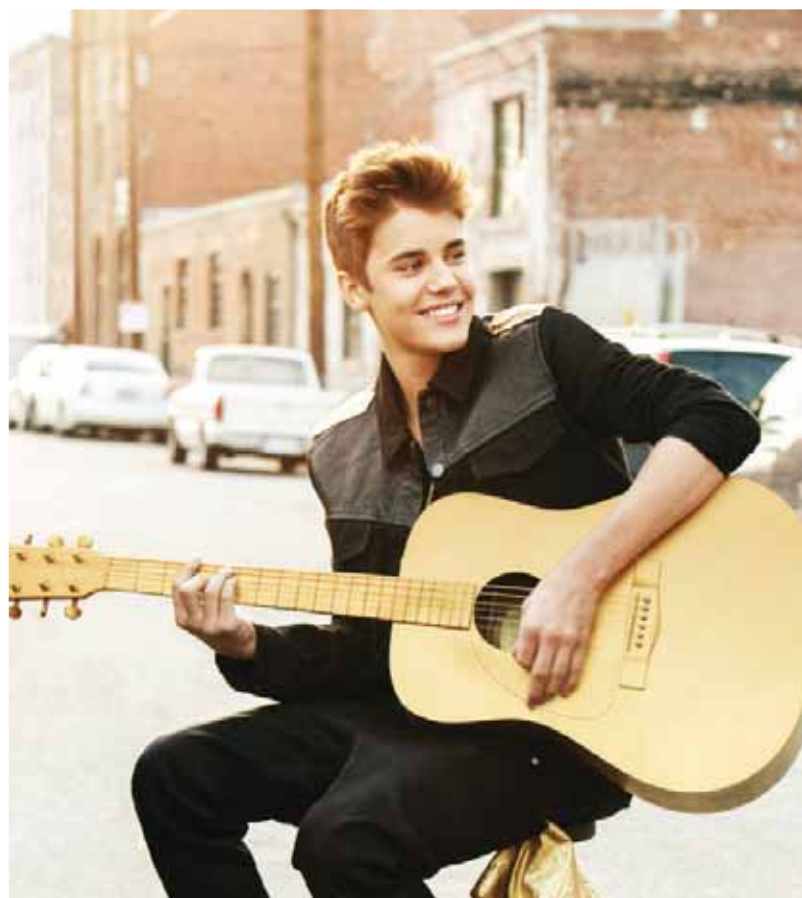
Game of Thrones' Sansa Stark (played by Sophie Turner). THE CANADIAN PRESS

kind of goes through this little roller coaster ... emotionally, she kind of gets her hopes up a little at times and they kind of get crushed—as per (usual) pretty much,

nothing much different," says Turner, who turns 17 later this week, with a laugh.

"It's very emotionally testing for Sansa this season."

THE CANADIAN PRESS



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Metro is inviting one lucky winner to a VIP experience at a Justin Bieber concert. You could win airfare, hotel and concert tickets for two with backstage passes to meet Bieber himself on one of his European Tour stops. All you have to do is:

1. Take a photo of yourself with the "I Believe in Love" ad which appeared on February 14th 2013 in a place you'd like to take Justin on a date. (If you missed the ad you can print it out at www.clubmetro.com/bieber)
2. Upload your photos by visiting www.clubmetro.com/justin
3. Remember to share the love! Collect votes from your friends to increase your chances of landing the grand prize!

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Renee Zellweger ALL PHOTOS GETTY IMAGES

Zellweger not afraid of some PDA

Renee Zellweger is enjoying her relationship with guitarist Doyle Bramhall, and she's not afraid to show it.

The pair was spotted making out on the beach during their current Hawaiian vacation, according to

E! News.

"They have been really cute together," a source says. "They've been openly kissing and cuddling. He even has his guitar on vacation with him and was playing it for her while they waited for their rental car."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The word



Paltrow has lost her passion for acting: Source

Gwyneth Paltrow just isn't feeling it anymore when it comes to her acting career, according to Us Weekly.

"She's lost her passion for movies," a source says. "She

won't quit acting. Her plan is to do one, maybe two supporting parts a year."

So what else will Paltrow do to fill her time? The source says she will mainly focus on her lifestyle website, Goop, with an aim to emulate another blonde star: Jessica Simpson. "She admires Jessica's empire," the source says. "She wants to make a killing." **METRO WORLD NEWS**

Star-studded first birthday party for Charlize Theron's son

Charlize Theron's one-year-old adopted son, Jackson, is already making headlines for his A-list birthday party, according to E! News.

"Sandra Bullock was one of the first guests to arrive with her son Louis," a source says of the fete held Sunday at Theron's

Hollywood Hills home. "As they walked into the party, they bumped into Chelsea Handler who had also just arrived in a limousine. They all walked in together and headed for the backyard where children's music was playing and kids were running around."

Twitter



@kerrywashington

Had SO much fun @Disneyland tonight :) And uhm, to the lovely guy who asked if I was "Kerry Washington" I apologize 4 not being honest!



@lamDonCheadle

Sorry tweekle, my phone flipped out and sent a mass invite to Words with Friends. I really don't have the bandwidth. :(



@samantharonson

Just got asked, by a homeless woman, if I had speed- so obviously I'm feeling young, edgy and skinny.



@SteveCarell

Watched "Jurassic Park" with my son this weekend. We are thinking about getting a pet Velociraptor. Maybe a rescue.



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Tee up with the greats at the World Golf Hall of Fame

Exclusive club. Take a break from duffing and dream of what it would be like to swing like Jack Nicklaus and Arnold Palmer



BRIAN KENDALL
canadiangolfttraveller.com

President Dwight D. Eisenhower's golf shoes. Sam Snead's lunch box. Canadian legend Marlene Stewart Streit's first hole-in-one trophy. These are among the thousands of artifacts displayed at the World Golf Hall of Fame, the centrepiece of Florida's World Golf Village, a combination resort and theme park located between Jacksonville and St. Augustine.

As in every corner of the golf-obsessed Sunshine State, the northeast has targeted golf travellers, who account for one-third of the rounds played annually. More than 50 public-play courses are found in a 153-kilometre stretch of prime beachfront marketers have tagged Florida's First Coast, since it was the first region settled by Europeans and offers the first beaches most vacationers see as they motor into the state.

Many visitors to the World Golf Hall of Fame stay on site at the refurbished 300-room Renaissance World Golf Village Resort, then set out to explore the village's shops, restaurants and the World Golf Hall of Fame, an entertaining mix of conventional museum-style exhibits and cutting-edge video presentations.

The brainchild of former



Try your hand at the King and Bear course, courtesy of Jack Nicklaus and Arnold Palmer. COURTESY WORLD GOLF HALL OF FAME

PGA Tour commissioner Deane Beman, the hall is designed to reflect both golf's past and the spirit of the game. The 18 peaks of the roof of Boston architect E. Verner Johnson's glass-and-steel shrine represent the 18 holes in a round of golf. And the front curve of the building is meant to symbolize the arc of a golf swing.

A barrage of archival films unroll on screens large and small throughout the hall. In the Bob Hope Theatre, Arnold Palmer, Jack Nicklaus and other immortals appear in a video highlighting the comedian's famous passion for the game. Also rolling in a never-ending loop is film of astronaut Alan Shepard's six-iron shot during the 1971 Apollo 14 mission, the swing that made golf the first interplanetary sport.



The Slammer and Squire is also part of the World Golf Village.

Interactive exhibits include a putting green where visitors can try their luck with old-style wood-shafted putters and gutta percha balls. Another highlight is the Trophy Room at the top

of the Hall of Fame Tower, which holds the World Cup, the President's Cup and many more of golf's most famous baubles.

But the spiritual heart of the

Golf in the land of greats

Right on the World Golf Village property are the two excellent golf courses. Opened in 1998, the 6,939-yard Slammer and Squire course snakes tightly through wetlands before widening and wrapping around the hall. The layout was designed by Bobby Weed with input from Sam Snead (the Slammer) and Gene Sarazen (the Squire). Palmer and Nicklaus, in their only design collaboration, built the King and Bear course, a 7,279-yard beast opened in 2000. Palmer (the King) handled the layout's original routing, which Nicklaus (the Bear) then refined.

museum is Shell Hall, where handcrafted bronze relief plaques of each of the 141 honoured members line the Wall of Fame like ancient sarcophagi.

Even more fascinating — and intimately revealing — is the Member Locker Room, featuring more than 2,000 artifacts and memorabilia from the hall's members in lockers dedicated to telling their individual stories.

Found here are Nicklaus's favourite fly fishing rod, Babe Zaharias's harmonica, one of the two Purple Hearts won by Lloyd Mangrum in the Second World War, and the 1970 and 1972 World Team jacket worn by Marlene Stewart Streit, the winner of every major title in women's amateur golf, who in 2004 became Canada's first — and still only — inductee to the hall.

Found almost in the shadow of the hall is the PGA Tour Golf Academy, the only teaching facility that carries the PGA Tour name.

Travel tips

There's much to do during March Break



ON THE MOVE
Loren Christie
life@metronews.ca

March Break is almost here. Do you have anything planned? Fear not — it is not too late!

If you are thinking about staying close to home, ski hills across the country are offering some great options for some family fun.

Panorama, located close to the summer resort town of Invermere, B.C.,

is an outstanding family destination. Theme nights, festivals, the largest slopeside hot pools in Canada, a new tubing park and an amazing ski school program are just some of the offerings. There are a number of different packages available. Check out Tourism BC's new ski website SkilToBelieveIt.com.

For great value and availability, ski the hills in Alberta's national parks. Unlike other ski destinations, Banff and Jasper's high seasons are actually summer so the town offers some great value packages during the winter holiday season.

If you aren't interested in spending your break week on the slopes, there are options close to home. Remember that business travel tends to slow down over this period, so hotels in city centre destinations fill the void by creating

packages to entice families to stay and play. From March 10th through the 18th, Tourism Toronto is promoting its Attractions & Events Package.

The package, which features 37 downtown Toronto and surrounding area hotels, starts as low as \$85 (based on double occupancy) and includes a one-night hotel accommodation and tickets to one or more of the following: Casa Loma, Hockey Hall of Fame, Toronto Zoo and the Ontario Science Centre. See TorontoNow.com

Sun-seekers don't despair. There are still deals to be had as long as you are not too picky about the destination.

Flexibility is the key to making a last minute booking that won't break the bank. Sunquest.ca, for example, is having a March Madness sale for travel



There's still time to plan a great March Break for your family. ISTOCK

over the next two months to places like Mexico, Dominican Republic and Costa Rica. Check out the daily updates on itravel2000.com's last minute deals page.

If you can find a week at an all-inclusive for less than \$1300 per person you are doing pretty well.

3
FREE

Super food quinoa made easy in corn, bell pepper & spinach salad



ROSE REISMAN
for more, visit
rosereisman.com

Quinoa is a "super" food — low glycemic, with an abundance of nutrients. Containing eight

Ingredients

- 1 cup quinoa
- 2 cups vegetable stock
- 1 1/2 cups canned corn kernels, drained
- 1 tsp vegetable oil
- 1 cup diced onion
- 1/2 cup diced red bell pepper
- 2 tsp crushed fresh garlic
- 1/2 tsp ground cumin
- 1 tsp seeded minced jalapeño pepper
- 4 cups chopped fresh spinach
- 1 tbsp water
- 1/3 cup chopped green onion
- 1/3 cup chopped cilantro
- 1/3 cup crumbled light feta cheese
- 2 tbsp olive oil
- 2 tbsp lemon juice

essential amino acids, it's the only grain that's considered a complete protein, making this recipe a vegetarian's delight.

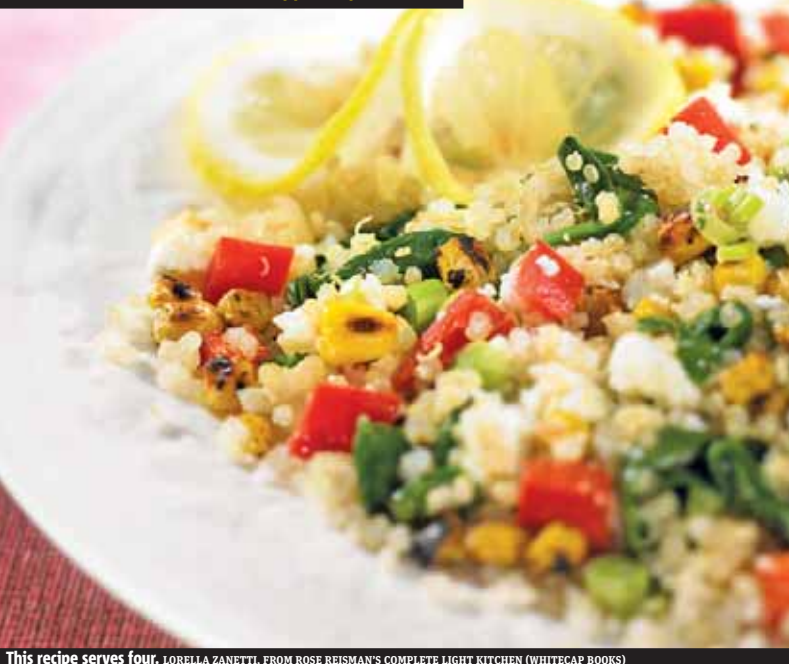
1. Bring quinoa and stock to boil. Cover and simmer 15 mins., just until stock is absorbed and quinoa tender. Remove from heat and place in serving bowl.

2. Spray non-stick skillet with cooking oil and place over medium heat. Sauté corn approximately 8 mins., just until browned, stirring. Set aside.

3. Spray skillet with cooking oil, add vegetable oil and place over medium heat. Add diced onion, bell pepper, garlic, cumin and jalapeño pepper and sauté until onion begins to brown, about 5 mins. Add spinach and water. Cook until spinach wilts, 2 mins.

4. Remove from heat. Stir in green onion, cilantro, cheese, olive oil, lemon juice and sautéed corn. Add mix to quinoa and combine. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)**

Quinoa with Charred Corn, Bell Pepper & Spinach Salad



This recipe serves four. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

Drink of the Week

Stoli Kokopolitan

This sweet treat not only looks great but it tastes delicious, too. With its cranberry juice and chocolate vodka, it's quite the combo!

- 2 parts Chocolate Kokonut Stoli vodka
- 3/4 parts pomegranate juice or cranberry juice
- 1/2 part fresh lime juice
- 1/4-1/2 parts simple syrup

Combine the vodka, pomegranate or cranberry juice, fresh lime juice and simple syrup. Shake over ice and serve.

METRO WORLD NEWS



Get the kids involved in making a customized Pitazza

Making your own version of your favourite take-out meals at home means you can control the amount of sodium and fat your family is consuming — without compromising on flavour.

If you stock your freezer with whole-wheat pita and your pantry with healthy

pasta sauce, you will always have the base for a perfect Pitazza at a moment's notice.

To add protein to your Pitazza without the extra sodium, roast a whole chicken. Remove the meat and store in your fridge. Freeze the bones for when

you have spare time to make your own, low-sodium chicken broth.

You can also top with your other favourite pizza toppings for a customized version of the Pitazza.

1. Preheat oven to 400 F (205 C).

2. On large baking sheet arrange pita bread. Spread 1/4 cup (50 ml) Healthy Choice Garlic and Fine Herb tomato sauce evenly on each pita half.

3. Top with 1/4 cup (50 ml) each: peppers, mushroom and 2 tbsp (25 ml) red onion. Evenly sprinkle crumbled feta cheese.

4. Bake for about 12 minutes or until the pita crust is golden.

NEWS CANADA/FACEBOOK.COM/HEALTHYCHOICECANADA

Ingredients

- 1/2 cup (125 ml) Healthy Choice Garlic and Fine Herb pasta sauce
- 1 90 g whole wheat pita, split in half to make 2 circles
- 1/2 cup (125 ml) finely sliced peppers (red, orange and/or yellow)
- 1/2 cup (125 ml) sliced mushrooms
- 1/4 cup (50 ml) minced red onion
- 2 tbsp low-fat feta cheese crumbled or your favourite low-fat cheese

Snack. Almond-Herb Dip



This guilt-free dip is the perfect partner for fresh vegetables like baby carrots, cherry tomatoes and zucchini slices. Using low-fat yogurt and crunchy roasted almonds, you can customize your own herb combination.

salt and pepper in a bowl. Serve with fresh vegetables.

NEWS CANADA/ ALMONDBOARD.COM

Ingredients

- 2 cups (500 ml) plain, low-fat yogurt
- 1, 10-12-inch square of cheesecloth and 1 large rubber band
- 1/2 cup (125 ml) slivered almonds, roasted
- 5 tbsp (75 ml) chopped fresh herbs (any combination of parsley, dill, chives, chervil, basil and tarragon)
- 1 green onion, trimmed and diced
- 1/4 tsp each salt and pepper
- 4-6 cups (1-1.5 L) fresh vegetables for dipping, such as baby carrots, trimmed green beans, broccoli florets or strips of zucchini or bell pepper

1. If desired, thicken yogurt by lining a medium-sized bowl with cheesecloth. Wrap cheesecloth edges around outside of bowl and secure with rubber band. Pull cheesecloth edges to leave some space between cheesecloth and bottom of bowl for liquid to drip and collect.

2. Place yogurt in cheesecloth bowl and allow liquid to drip out for 30 minutes, refrigerated. Discard liquid.

3. Combine yogurt, almonds, herbs, green onion,



This recipe serves two. NEWS CANADA

City slickers: try Ag on for size

Don't fancy yourself a farmer? No matter — the agriculture industry is in need of specializations from engineering to biotechnology

HANSEN WONG
TalentEgg.ca

No matter what your major is or what your interests are, there's likely a career for you in agriculture. And if you've never considered working in the agriculture industry — or you still think working in agriculture means toiling in the sun — read on.

Right now, the industry is in need of specializations ranging from biotechnology to law to graphic design.

If you're like me, a city dweller who spends more time indoors than outdoors, you may question how the agriculture industry would suit you.

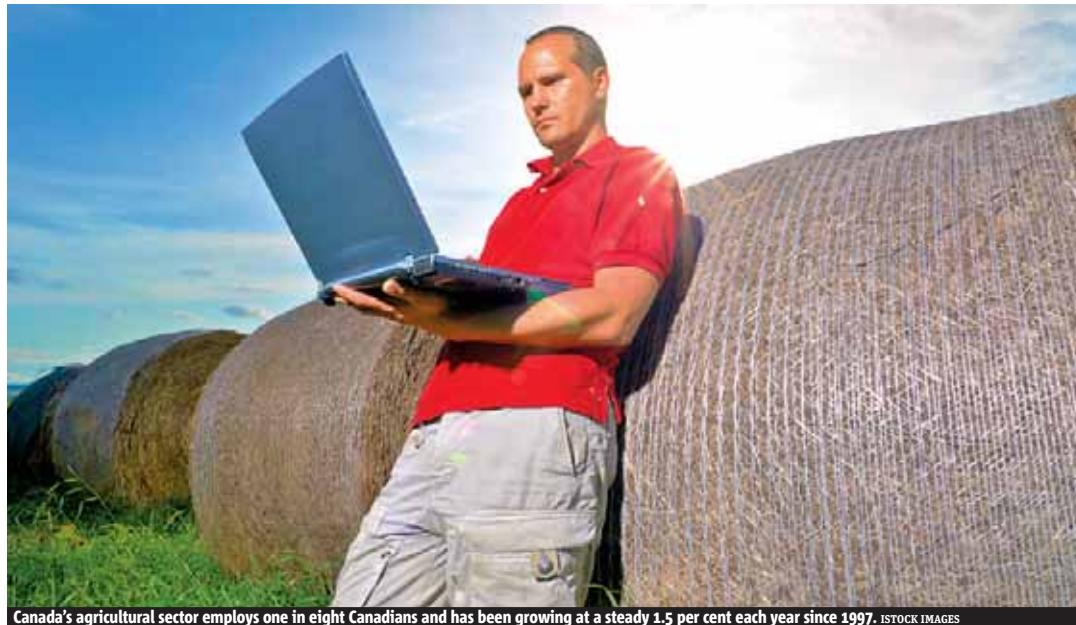
But working in the agriculture industry can be incredibly satisfying, the opportunities are endless, and it's one of the more stable industries out there — after all, we all have to eat.

Why choose agriculture?

Agriculture is an industry that often gets overlooked for the more sought after industries, such as oil and gas and the financial sector.

But most agricultural companies offer a laid-back atmosphere, which is a great transition from student life. In no other industry would I get to drive a tractor in a suit or get VIP seats to a chuckwagon race or act as Brock Lesnar's photographer for a day (yep, he's a farm boy!)

Of course, your experience will be different from mine, depending on your field and the company you work for. But at the end of the day, you can go home knowing you helped put



Canada's agricultural sector employs one in eight Canadians and has been growing at a steady 1.5 per cent each year since 1997. ISTOCK IMAGES

food on millions of tables and had fun while doing so.

What jobs are available?

A recent report by the University of Guelph found that there's more than three jobs per agricultural graduate in Ontario. In the Prairies, the industry has never been stronger.

Because of the size of the industry, there are opportunities within almost every field. Engineers are needed for the development of industrial equipment, from GPS farming technology (known as precision farming) to 30-ton tractors, while computer scientists are needed in areas such as data processing and data storage.

I work as an online marketing specialist for Rocky Mountain Equipment, an agriculture equipment dealer group. While my expertise lies in SEO, SEM, PPC and a few other fancy acronyms, other marketers in my company have specializations ranging from event planning

to client relations, graphic design and public relations.

I work closely with our web developers, who specialize in developing web content for agriculture companies and have clients throughout North America.

Then there are the advertising agencies. AdFarm and Woodruff Sweitzer are full-service advertising agencies that cater only to agricultural clients. AdFarm has offices across the Prairies, with teams of graphic designers and account executives at each office.

While ancient agricultural risk management was satisfied by reading a farmer's almanac, modern risk management takes into account everything from biological processes to crop prices to international markets. It's an advanced field that requires intuitive individuals who can adapt to an industry where conditions change as rapidly as the weather.

TD Canada Trust's Agriculture Services or Scotiabank's Agricultural Banking divisions.

What about job security?

The easy answer to this question is that we all need to eat. But to take this a step further, Canada's agricultural sector is likely Canada's most stable industry. It accounts for 8.1 per cent of Canada's GDP, employs one in eight Canadians, and the industry has grown a steady 1.5 per cent each year since 1997.

Have I convinced you yet?

Jobs in the agriculture industry are scattered and sometimes even hard to find, so you'll need to know where to find them. Agricultural career fairs are fairly common, especially if you live in the Prairies.

While your university or college may not have a focus on agriculture, their career centre will still have contacts in the industry. And talentegg.ca has a dedicated focus on the agriculture industry with career guides and new job postings regularly.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

And for the science majors, there are the agricultural sciences. If you're not sure what to do with your B.Sc, consider that the industry employs biochemists, entomologists, geneticists and biotechnologists.

And still, there are countless opportunities I have yet to touch on, including engineering positions for John Deere (which spends \$2 million a day on R&D), to loan officer and financial analyst positions for

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The agriculture industry offers career opportunities to those who have specialized skill sets. ISTOCK IMAGES

How to succeed in the agriculture business

First steps. To kick start your career in this industry, you'll need a desirable skill set, a willingness to learn and a great attitude

HANSEN WONG
TalentEgg.ca

There are two kinds of wheat varieties: durum and non-durum. The wheat you consume is durum, while livestock feed uses non-durum wheat. Since wheat is the Prairies' main agricultural export, every farmer knows the difference between durum and non-durum wheat.

But here's the thing: to succeed in the agricultural industry, you don't need to know this. You'll learn about the industry on the job but all you need to start off is a desirable skill set, a willingness to learn and a great attitude.

While the same could be said of any job in any industry, the agriculture industry is unique in that there

Making an impression

Your first impression is the most important and once people have an idea of who you are, it's exponentially harder to change their minds.

- The impact your attitude can have on your career is something you shouldn't underestimate.

are certain areas that need strengthening. From my experience, these areas include logistics and marketing.

As a marketer, the route I took involved specializing in online marketing. Countless SEO firms are springing up and targeting agriculture companies because of the gap in this specialization. A company that is able to internalize online marketing costs would see better returns on their investment in online advertising — and this was my niche upon entering the agriculture industry.

Secondly, you'll need to be able to learn and learn fast. To

show your manager — or anyone else who has a say over your career path — that you're serious about a career in agriculture, you'll need to invest in educating yourself on the company's product.

And this doesn't have to be boring. You can read online articles, watch YouTube videos, read Fertilizer International (if that's your product) or read buyer's guides for farm machinery. But don't play FarmVille — that really won't help.

Don't forget to offer up a great attitude and work ethic. Although this point may seem obvious, it's also imperative. Even in my short career, I've seen people idling through their obligatory eight hours.

Agriculture is a seasonal industry so you'll experience weeks that are slower than others. But even then, make sure you remain productive by working on long-term projects or preparing yourself for the upcoming season.

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This information session is available in English only. Special accommodations available upon request.

Afin d'obtenir des renseignements en français, veuillez téléphoner au 613-688-3670 ou par courriel à rdinfo@northernlightscanada.ca, ou visiter le www.northernlightscanada.ca.

Funding for this information session is provided by the Government of Canada

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Student Voice

Have a plan, but be ready to embrace change

Aisalyn Templin
Graduate, Political Science
University of Toronto
TalentEgg.ca

After attending three different universities and switching programs three times, I finally landed in political science at the University of Toronto.

It was an unlikely decision, considering my path began with public relations in a media studies program at Humber. I quickly realized this was not the right fit for me and instead pursued studies in an arts and business program at the University of Waterloo.

After a year and a half, I landed my first co-op job at the University of Toronto in a student centre. I loved coming to work every day, even if I missed having classmates at school. This co-op position turned into a full-time job for three years.

When I did go back to finish my degree, I transferred to U of T, which was my new home. Going back to school full-time was a

huge challenge — I had gotten used to a student lifestyle, but with a salary and no homework.

When I did go back to class I wasn't sure where it would lead me. Like many of my friends, I decided to apply for a post-graduate program at a college in Toronto.

It turns out life had another plan in mind for me. Three weeks after my classes ended I saw a posting for the job I have today. Knowing my path has been full of twists and turns I decided to go for it.

My philosophy of having a plan but embracing change paid off, and I love what I'm doing now.

Looking back, I resent years of "career planning" that began in grade 10. What happened to being flexible? What about the fact that many of the careers most of us will pursue don't even exist yet? My job wasn't even created until seven months ago.

What I'm doing now

I'm working jointly with Alumni Relations and Student Life at the University of Toronto.

My advice for employers

Don't be afraid to invest in



Aisalyn Templin. HANDOUT

young people. My employer took a chance on me when I was only 19, and it paid off for both of us. Young people often bring a level of enthusiasm and fresh perspective that can be a welcome addition to any workplace.

My advice for students and recent grads

Embrace change! Planning out your whole life at the age of 19 is overrated.

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ISTOCKPHOTO/THINKSTOCK

CREATE A SWEETER FUTURE

CUPCAKE DAY TO RAISE FUNDS FOR HUMANE SOCIETIES AND SPCAS

Animal lovers, bakers and confectionary connoisseurs across the country are invited to bake cupcakes and raise funds for Canada's inaugural national fundraising program for SPCAs and humane societies.

National Cupcake Day, Monday, Feb. 25, is organized by the British Columbia Society for the Prevention of Cruelty to Animals (BC SPCA) and the Ontario Society for the Prevention of Cruelty to Animals (OSPCA) with many participating organizations across the country.

"We are encouraging people to register online at nationalcupcakeday.ca and then to bake and offer cupcakes by donation on Feb. 25, with all proceeds going to support their favourite participating SPCA or humane society," says Rosemary Conder, chief development officer of the BC SPCA. "Supporters can host National Cupcake Day parties in their homes, bake cupcakes to take to school or the office or



This mother and her pups were found in distress, but thanks to SPCA intervention and donor support all the dogs are now fully recovered and have been adopted into loving homes.

offer them by donation in the community. It's an easy and fun way to make a life-saving difference in the lives of animals who desperately need our help."

"We hope animal lovers will encourage their family and friends to donate online and to support their efforts by attending local National Cupcake Day parties, collecting donations or hosting events of their own," says Marc Ralsky, director, community and donor development for the OSPCA. "Everyone loves cupcakes, and they taste even sweeter when you know

it's for a good cause."

The event originated in Australia, developed by creative and passionate fundraisers at the RSPCA in New South Wales.

"The event there currently raises \$1 million annually Down Under," Conder says.

"And our RSPCA colleagues have been generously sharing their resources to make it a reality in Canada."

Once registered online, participants are mailed a National Cupcake Day host kit, which includes a poster, sticker, balloons



CONTRIBUTED PHOTOS

and fundraising guide, making it easy for those who want to participate and help animals in need. Even if you are fashionably late joining in on the fun, you are welcome to continue fundraising or hosting an event after Feb. 25.

"This event is a team effort and every donation and cupcake counts," Ralsky says. "We would like to thank all participants and our generous sponsors Petsecure, Reynolds and BMO. Together we will be helping create a healthier and happier future for animals."

To us, every animal is family.



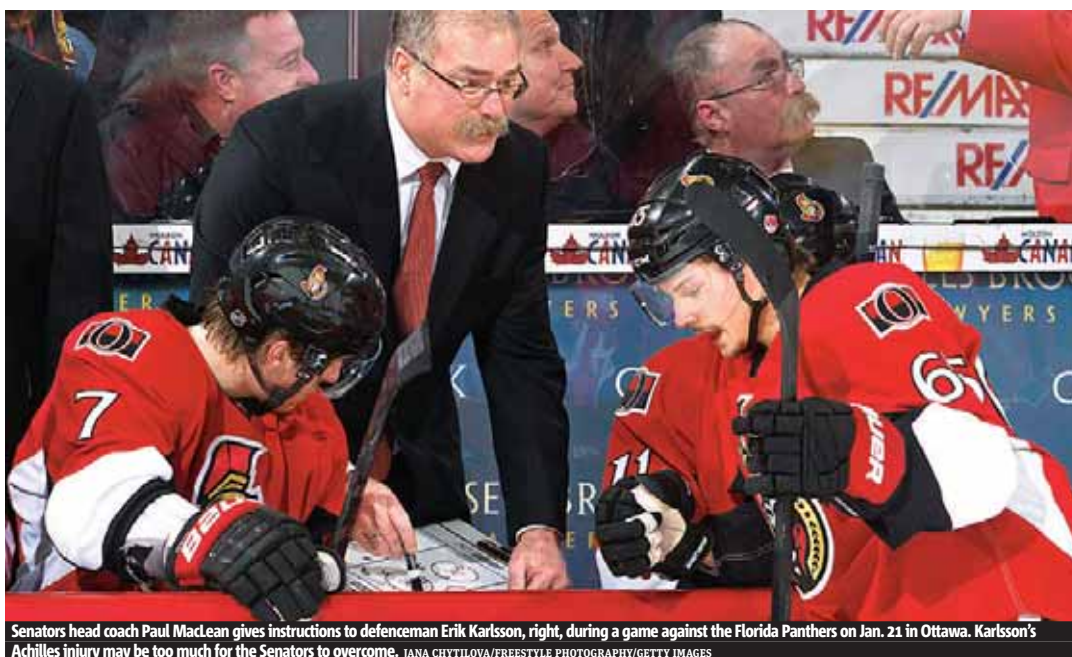
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Senators head coach Paul MacLean gives instructions to defenceman Erik Karlsson, right, during a game against the Florida Panthers on Jan. 21 in Ottawa. Karlsson's Achilles injury may be too much for the Senators to overcome. JANA CHYTILOVA/FREESTYLE PHOTOGRAPHY/GETTY IMAGES

Senators brass are at a fork in the road



THE HOCKEY NEWS
Murray Pam
ottawa@metronews.ca

If the Ottawa Senators didn't have bad luck, they wouldn't have any luck at all.

First, shutdown blue-liner Jared Cowen was lost for the season before it started. Then it became known point-a-game centre Jason Spezza required surgery for a herniated disc, keeping him on the shelf for the next two months. But when Penguins super-pest Matt Cooke's skate made contact with Senators all-star Erik Karlsson's Achilles you could hear a collective gasp, followed shortly by a steady

flow of expletives by Ottawa fans everywhere.

Due to the strong play of AHL call-ups Andre Benoit and Patrick Wiercioch, the club weathered the storm without Cowen. Thanks to Craig Anderson's superb netminding and Karlsson's offensive creativity, the Senators were still able to get by. However, the severe injury to arguably the league's most dynamic player may be too much to overcome.

So what will GM Bryan Murray do, if anything, to save this shortened season?

Do nothing: The Senators surprised many with a playoff berth last season. The reality is, this club is still in rebuild mode. Last Saturday coach Paul Mac-

Lean fielded a squad containing nine players who opened the campaign in Binghamton. Keeping them in Ottawa may help the youngsters gain valuable experience.

Quest for a D-man: Murray has admitted he is searching for a point-man for the slumping power play. The Oilers' Ryan Whitney, Sabres' Jordan Leopold, and Islanders' Mark Streit and Lubomir Visnovsky are all pending unrestricted free agents and may be available. However, Murray is not willing to give away the farm for short-term help.

Pull off a blockbuster: One of the reasons for Senators owner Eugene Melnyk's rant last week was

to stir the masses. Melynk wanted to reiterate that his club was not going to roll over. Without their stars, there is an obvious worry the fans may not purchase tickets. To that end, there is talk that Murray may resort to bringing in one of Avalanche restricted free agent Ryan O'Reilly, Ducks potential UFA Corey Perry or Coyotes all-star defenceman Keith Yandle. These possibilities will require trading away at least one highly coveted prospect and a top draft pick.

At this point it is not certain which road the organization will go down. The on-ice results over the next two weeks will decide what direction Murray will take.

CFL

Alouettes hire Hawkins as coach

Once again, general manager Jim Popp went outside the box to find a head coach for the Montreal Alouettes.

On Tuesday, the CFL club hired Dan Hawkins to replace Marc Trestman who was named the Chicago Bears head coach last month. Hawkins, 52, arrives in Montreal with no previous Canadian football coaching experience.

Hawkins spent the last two seasons as a college football analyst for ESPN and has served as the head coach at Boise State and Colorado. **THE CANADIAN PRESS**



Dan Hawkins
THE CANADIAN PRESS

Tennis

Raonic ready to reload at UBC

Milos Raonic is looking forward to taking his big serve to UBC again for Canada's Davis Cup quarter-final tie against Italy in Vancouver.

The Doug Mitchell Thunderbird Sports Centre, named Tuesday as the venue, has been kind to the Canadian tennis squad, which upset Spain there earlier this month to advance to the World Group quarter-finals for the first time.

The team for the April 5-7 best-of-five series against Italy will be chosen by captain Martin Lauren-deau at a later date.

THE CANADIAN PRESS

Paralympics will weather storm: IPC Prez



Oscar Pistorius competes at the Paralympics in London on Sept. 5, 2012. Pistorius appeared in court Tuesday, the first part of a two-day bail hearing. EMILIO MORENATTI/THE ASSOCIATED PRESS FILE

As Oscar Pistorius offered his first defence against a murder charge, the head of the Paralympics tried to reassure members Tuesday that the organization has a strong future even without its star athlete.

International Paralympic Committee president Philip Craven told The Associated Press he has been in a state of "shock and disbelief" since Pistorius was charged with premeditated murder in last week's shooting of his girlfriend, Reeva Steenkamp.

Pistorius enjoyed a record-breaking Paralympics last year and had been central to plans to maintain the momentum of

Quoted

"We've got so many stars coming through that this will not be an issue."

International Paralympic Committee president Philip Craven on the impact of Paralympic star athlete Oscar Pistorius being charged with murder

disability sports. Now, he has pulled out of all future races.

The South African helped generate unprecedented interest in the Paralympics by becoming the first double amputee sprinter to compete at the

Olympics. Craven wants to ensure the Paralympics' progress is not damaged by the fallout from Pistorius's case.

"Even since this tragedy happened, it's still been 'London, London, London' and what happened there — a unique moment in times that still continues in the hearts and minds of people."

Craven pointed to British sprinter Jonnie Peacock, who deposed Pistorius as 100-metre champion at the Paralympics, and Alan Oliveira, who took the 200 title in front of a crowd of some 80,000 in the London Olympic Stadium.

THE ASSOCIATED PRESS



Toronto Blue Jays manager John Gibbons looks on as pitcher R.A. Dickey warms up in the bullpen in Dunedin, Fla., on Tuesday. Gibbons says those who perform well will stick with the big club. NATHAN DENETTE/THE CANADIAN PRESS

Talent will decide Jays roster: Gibbons

MLB. Manager says he will go with 'the best team' and not worry about red tape

Manager John Gibbons offered more proof of the Blue Jays' all-in approach to this season Tuesday, saying the team's final squad will be determined by talent rather than any roster red tape.

At times, some roster choices are made with an eye on whether a player has any options left, meaning he can be on the 40-man roster but move between the major and minor leagues without being placed on waivers. A team might elect to keep such a player rather than risk losing him to another team by sending him down.

According to mlb.com, a player is assigned three options as a rostered player. Each year, when a player who is on the roster gets sent to the minor leagues for a stint of more than 20 days, it counts as an option.

Gibbons says those who perform well will stick with the big club. Of course, given Toronto's off-season acquisitions, there aren't too many roster questions to answer in pre-season.

"It's an important year for us," Gibbons told reporters. "So we're going to go with the best team.... In the past or it's a year where you don't know for sure, you're not as optimistic, you might want to try to hold onto some guys because they're out of options."

"This year we've got to go with the best team. I think he (GM Alex Anthopoulos) agrees with that, so some of those guys have got to perform."

The Jays have dug deep into their wallet this season, bringing in the likes of R.A. Dickey, Mark Buehrle, Josh Johnson, Melky Cabrera and Jose Reyes in a bid to challenge for the post-season.

Gibbons also revealed Tuesday that Brandon Morrow will start for the Jays in their spring training opener against Detroit in Lakeland, Fla., on Saturday.

Buehrle will then start Sunday in a split-squad game

New consultant

The Blue Jays announced Tuesday that former Toronto pitcher Paul Quantrill has been appointed a consultant to the team.

- The 44-year-old native of London, Ont., spent six of his 14 major-league seasons with Toronto (1996-2001).
- Quantrill was inducted into the Canadian Baseball Hall of Fame in June 2010.

against the visiting Baltimore Orioles. J.A. Happ will start in the other split-squad game that day, in Tampa against the New York Yankees.

Either knuckleballer Dickey or Johnson will start Monday at home against a split Boston Red Sox squad.

Gibbons has already said Dickey, who went 20-6 and won the Cy Young Award last season with the New York Mets, will start opening day.

THE ASSOCIATED PRESS

MLB

Colon seeks fresh start with A's

Bartolo Colon wants forgiveness from his Oakland Athletics teammates for his 50-game suspension last season after failing a drug test. The 39-year-old pitcher knows the best way to get it is by getting back in top form, but he still must serve the last five games of his suspension.

The A's re-signed Colon despite his troubles, even giving him a raise.

THE ASSOCIATED PRESS

Boxing

Mayweather set to fight Guerrero

Floyd Mayweather Jr. will fight Robert Guerrero on May 4, and he's changing television networks to do it.

The biggest star in boxing dropped a surprise Tuesday while announcing his long-rumoured next bout: After several years on HBO, Mayweather (43-0, 26 KOs) is moving to Showtime with a lucrative multi-fight deal.

THE ASSOCIATED PRESS

NBA

Bynum hopeful he'll play this year

Andrew Bynum plans on making his season debut for the Philadelphia 76ers this year, though he's still a week or two away from practising with the team.

The centre has been sidelined by knee injuries since the Sixers acquired him from the Los Angeles Lakers last summer. He worked out for 80 minutes on Tuesday and said afterward his knees are feeling better.

THE ASSOCIATED PRESS

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	36	14	.720	—
New York	32	18	.640	4
Indiana	32	21	.604	5 1/2
Brooklyn	31	22	.585	6 1/2
Chicago	30	22	.577	7
Atlanta	29	22	.569	7 1/2
Boston	28	24	.538	9
Milwaukee	26	25	.510	10 1/2
Philadelphia	22	29	.431	14 1/2
Toronto	22	32	.407	16
Detroit	21	33	.389	17
Cleveland	16	37	.302	21 1/2
Washington	15	37	.288	22
Orlando	15	37	.288	22
Charlotte	12	40	.231	25

WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	42	12	.778	—
Oklahoma City	39	14	.736	2 1/2
L.A. Clippers	39	17	.696	4
Memphis	33	18	.647	7 1/2
Denver	33	21	.611	9
Golden State	30	22	.577	11
Utah	30	24	.556	12
Houston	29	26	.527	13 1/2
Portland	25	28	.472	16 1/2
L.A. Lakers	25	29	.463	17
Dallas	23	29	.442	18
Minnesota	19	31	.380	21
New Orleans	19	34	.358	22 1/2
Sacramento	19	35	.352	23
Phoenix	17	36	.321	24 1/2

Note: division leaders ranked in top three positions regardless of winning percentage.

TUESDAY'S RESULTS

Toronto 96 Washington 88
Charlotte at Orlando
Memphis at Detroit
Milwaukee at Brooklyn
Chicago at New Orleans
Boston at Denver
Golden State at Utah
Phoenix at Portland
San Antonio at Sacramento

WEDNESDAY'S GAMES — All Times Eastern

Memphis at Toronto, 7 p.m.
New York at Indiana, 7 p.m.
Detroit at Charlotte, 7 p.m.
New Orleans at Cleveland, 8 p.m.
Philadelphia at Minnesota, 8 p.m.
Brooklyn at Milwaukee, 8 p.m.
Oklahoma City at Houston, 8 p.m.
Miami at Atlanta, 8 p.m.
Orlando at Dallas, 8:30 p.m.
Boston at L.A. Lakers, 10:30 p.m.
Phoenix at Golden State, 10:30 p.m.

THURSDAY'S GAMES

Miami at Chicago, 8 p.m.
San Antonio at L.A. Clippers, 10:30 p.m.

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION							
	GP	W	L	OL	GF	GA	Pt
Pittsburgh	16	11	5	0	52	38	22
New Jersey	16	9	3	4	42	38	22
NY Rangers	14	8	5	1	38	35	17
Philadelphia	17	7	9	1	45	49	15
NY Islanders	15	6	8	1	45	54	13
NORTHEAST DIVISION							
	GP	W	L	OL	GF	GA	Pt
Montreal	15	10	4	1	43	34	22
Boston	13	9	2	2	37	31	22
Toronto	16	10	6	0	46	36	22
Ottawa	16	8	6	2	37	31	15
Buffalo	16	6	9	1	46	50	13

NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Montreal	15	10	4	1	43	34	21
Boston	13	9	2	2	37	31	20
Toronto	16	10	6	0	46	36	20
Ottawa	16	8	6	2	37	31	18
Buffalo	16	6	9	1	46	54	13

SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Carolina	14	8	5	1	41	40	17
Tampa Bay	14	7	6	1	55	45	15
Florida	15	4	7	4	35	56	12
Winnipeg	14	5	8	1	35	46	11
Washington	15	5	9	1	41	51	11

WESTERN CONFERENCE

MONDAY'S RESULTS
 Ottawa 2 New Jersey 1 (SO)
 Philadelphia 7 NY Islanders 0
 Colorado 6 Nashville 5
 Montreal 3 Carolina 0
 Toronto 3 Florida 0
 Phoenix 4 Calgary 0
 Anaheim 3 Columbus 2

WEDNESDAY'S GAMES — All Times Eastern

NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Vancouver	14	8	3	3	41	33	19
Minnesota	15	7	6	2	33	38	16
Edmonton	14	6	5	3	35	38	15
Colorado	14	6	7	1	37	43	13
Calgary	14	5	6	3	39	51	13

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	15	12	2	1	53	39	25
Phoenix	16	8	6	2	44	41	18
San Jose	14	7	4	3	37	33	17
Dallas	16	8	7	1	41	43	17
Los Angeles	13	5	6	2	30	36	12

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

SCORING LEADERS

	G	A	Pt
Vanek, Buf	12	13	25
Crosby, Phg	7	17	24
Kane, Chi	9	12	21
Stamkos, TBL	9	12	21
St. Louis, TBL	4	17	21
Tavares, NYI	11	9	20
Zetterberg, Det	5	15	20
Elias, NJ	4	15	19
Kunitz, Phg	6	12	18
Ribeiro, Wash	5	13	18
Staal, Car	8	9	17
Moulson, NYI	7	10	17
Duchene, Col	6	11	17
Malchin, Phg	3	14	17
Clarkson, NJ	10	6	16
Datsyuk, Det	7	9	16
Marleau, SJ	10	5	15
Toews, Chi	7	8	15
Leccavall, TBL	5	10	15
Kovalchuk, NJ	5	10	15
Gagner, Edm	4	11	15
Selanne, Ana	4	11	15
Purcell, TBL	4	11	15
Steen, STL	4	11	15
Hall, Edm	3	12	15
Voracek, Phi	3	12	15
Thornton, SJ	3	12	15

Not including last night's games

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GT model shown

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10% APR Purchase Financing is available on select new 2012 and 2013 Mazda vehicles. Terms vary by model. Based on a representative agreement using an offered pricing of \$24,095 for the new 2012 Mazda5 GS (E10A3AA00) with a financed amount of \$20,000, the cost of borrowing for an 84-month term is \$0, monthly payment is \$238.30, total finance obligation is \$20,000. Cash Discount Offers available on select 2012 and 2013 Mazda models and cannot be combined with finance offers. Cash discounts vary by model/trim level. Cash Discount Offers as follows: \$4,000/\$3,750/\$3,500 on 2012 Mazda3 GX/GS SKYACTIV models, \$7,000 on all 2012 CX-9 models. See dealer for complete details. ††Finance Pricing for new 2012 Mazda5 GS (E10A3AA00) is \$24,095 financed at 0% over 84 months equals bi-weekly payments of \$129 with \$495 down payment, cost of borrowing is \$0 with a total obligation of \$24,095. Offer includes freight, P.D.E. and fees. Offer excludes HST. ‡Offer available on retail lease of new 2014 CX-5 (N013K6AA00)/2013 Mazda3 GX (N04333AA00) with a lease APR of 4.99%/2.49% and monthly payments of \$269/\$169 for 36/48 months, the total lease obligation is \$19,896/\$19,896. As shown: 2014 CX-5 GT (N013K6AA00) with lease APR of 4.99% and monthly payments of \$269 for 36 months, the total lease obligation is \$19,896. Lease payments include freight and P.D.E. of \$1,895/\$1,895, 20,000 km per year mileage allowance applies. If exceeded, additional \$6 per km applies (12¢ per km for CX-9 models). Offers exclude HST. Offered leasing available to retail customers only. Leasing may not be available for all models. Lease offers vary by region and by trim level/model. See mazda.ca or your dealer for lease available vehicles. Licence, insurance, taxes and down payment are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid February 1st - 28th, 2013 while supplies last. Lease and finance an approved credit for qualified customers only. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details.

2013 Ford Taurus SHO



ALL PHOTOS WHEELBASE

Fuel economy

Fuel economy isn't normally a top-of-mind issue for buyers of high-output sedans, but at least the SHO won't embarrass itself with a rating of 12.2 l/100 km in the city and 7.8 highway.

2013 Ford Taurus SHO

- **Type.** Four-door, all-wheel-drive full-size sedan
- **Engine (hp).** 3.5-litre DOHC V6, twin-turbocharged (365)
- **Transmissions.** Six-speed automatic with paddle-shift controls
- **Base price (incl. destination).** \$50,900



The V6 EcoBoost is only used in a few applications and performs great in the F-150 pickup, actually.

Design

All Taurus models display a restyled grille and lower air intake, with the SHO receiving the blacked-out mesh-style grille as well as a set of bright high-intensity-discharge headlamps. Other visual markers include a deck lid spoiler plus unique 19-inch wheels and front rotors.

All wheel drive

A major component of the SHO's performance content is its standard all-wheel-drive that kicks in when the car is driven in an aggressive manner, when it's cornering and when the weather turns nasty and surface grip is compromised.

Review. You could be excused for thinking the SHO is just another Taurus, but is this really a bad thing?

MALCOLM GUNN
wheelbasemedia.com

Full-size sedans appeal to people requiring, or preferring, plenty of space for people and their gear. It's simple, really. The Ford Taurus SHO extends its appeal to drivers seeking a fast four-door with cat-like reflexes, regardless of road.

The SHO, which stands for Super High Output, has traveled a long way since its beginnings back in 1988 as a 220-horsepower sport sedan. Then, as now, the "show" (as it's pronounced) has never been a huge seller simply because it basically looks like any other Taurus. And with a price tag in the \$50,000 range, it's \$8,000 more than the best-equipped, regular-strength Taurus sedan that money can buy. Fifty large is also within range of the Boss 302 Mustang with its 444-horse-

power 5.0-litre V8. That sort of muscle eclipses the SHO's twin-turbocharged 3.5-litre "Eco-Boost" V6 with its 365 horsepower and 350 pound-feet of torque.

Still, the 1,980-kilogram 2013 SHO delivers respectable potency with an estimated zero-to-60-mph (96 km/h) time of 5.2 seconds. It also offers a level of genteel cruiser-class comfort for five adults that's inconceivable in the Mustang.

The SHO's V6 is matched to a six-speed automatic transmission with steering-wheel-mounted paddle shifters.

Hidden from view are stiffer front springs and a beefed-up brake package highlighted by a larger master cylinder and front rotors. The electric power steering unit can be specifically calibrated to deliver plenty of feel and feedback for the driver.

Interestingly, much of the SHO-specific gear has been installed in the Taurus Police Package that replaces Ford's ancient (and now retired) Crown Victoria.

There's even more in store for buyers who opt for the Performance Package. Here, you



Kudos to Ford for holding off on wings, spoilers and body kits. Let the performance do the talking, just like in a BMW.

get a sport-tuned suspension, upgraded brakes, an "extreme duty" cooling system, a higher numerical final drive ratio for snappier acceleration and 20-inch machined wheels with summer-specific performance tires. Ford states the Performance Package is the one to get for buyers looking to stretch their SHO's legs once in a while on the racetrack. A Taurus on a racetrack? Move over Boss 302, the whole family is coming.



Ford has a tough time doing anything wrong when it comes to interior design and the SHO is no exception.

By comparison



1 Dodge Charger R/T AWD
Base price: \$40,200



2 Hyundai Genesis V6
Base price: \$41,800



3 Chevrolet SS
Base price: \$45,000 (est.)

5 DRIVE

It's buyer beware for used Cherokees with modifications

Second Gear.

2006-2010 Jeep Grand Cherokee SRT8

JUSTIN
PRITCHARD

drive@metronews.ca

Chrysler's SRT team worked their magic on the Grand Cherokee for the 2006 model year, creating a fire-breathing SUV that would become the best-selling SRT8 model yet. With room for a family and its things, a 6.1 litre, 425-horsepower V8 engine and all-wheel drive, it was a hot-rod sport-ute that drivers could use all year round. All models got a five-speed automatic transmission with manual mode.

And, best of all, unlike models from across the pond, this HEMI-powered monstrosity didn't require parting with an appendage to own.

Common Issues

First-generation Grand Cherokee SRT8 shoppers are advised to scrutinize the condition of consumable parts like brakes, tires and suspension, and have the vehicle's underside checked for signs of damage or leakage.

Checking service records is also advised. Be sure the seller isn't trying to pass off a unit that's wearing a set of fried tires and brake pads.

Be cautious of any model that's fitted with upgrades



beyond simple intake and exhaust modifications. Note that some modifications may adversely affect reliability, warranty coverage and even be illegal.

Have a mechanic inspect the transfer case for signs of leakage, which could indicate a bad seal. Look for any check-engine lights that may be illuminated, and be sure to triple-check the air condition-

ing system for proper operation, too.

The presence of "groaning" or "grinding" sounds from the rear of the vehicle during turning could indicate a worn-out or damaged rear differential. Clunking or popping sound from beneath the vehicle when driving over bumps could indicate a worn-out suspension component.

What to look for



Look for upgraded Brembo brakes and suspension, wheels and tires and a variety

of track-ready improvements. Forget taking this Jeep in the dirt though — it's lowered suspension and front air-dam wouldn't approve. Feature content included heated leather, navigation, premium audio, a sunroof and plenty more.

What owners like



Most Grand Cherokee SRT8 owners

rave about crushing performance, looks, sound effects and year-round operation combined with everyday flexible utility. Obviously, passing power, acceleration and braking performance are highly rated.

What owners dislike

Fuel consumption, limited rear-seat space and a sometimes-rough ride are among the most common complaints of the Grand Cherokee SRT8. Additionally, some wish for a more "upscale" interior feel, though

a mid-cycle refresh of the Grand Cherokee did fit some additional premium materials to address this concern.

Verdict

Seek out a Grand Cherokee SRT8 that hasn't been abused and neglected, and you can expect a reliable and affordable way to access world-class family SUV performance.

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2013 Dodge Grand Caravan Crew shown.¹

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Keeping your eyes on the road



The Hyundai HCD-14 Genesis concept vehicle has no centre stack, and there are no buttons or knobs on the dash.

HANDOUT

Driving Force. Hyundai introduces eye-tracking and 3D technology in new concept vehicle

JIL MCINTOSH
drive@metronews.ca

The safest way to drive is with your eyes on the road, of course. Still, that isn't always easy to do when there are numerous controls that you have to adjust for the climate, stereo and other functions.

Hyundai thinks it may have the answer with a new system that uses eye-tracking and 3D technology to handle some of the car's functions. The technology has been demonstrated in the company's HCD-14 Genesis concept vehicle, but there's no timeline on when it might be available in production vehicles.

"Premium vehicles have (numerous) buttons, knobs, dials and switches, and it's overwhelming," says Michael Ricciuto, na-

More details

- Although the system works with hand gestures, the driver has to initiate the sequence with a button, which prevents unintended operation.
- Hyundai plans to eventually offer the system in some of its premium models in the future.

part of the windshield, with icons for each of the car's various systems. When the driver looks at the one he wants, several small cameras track his eye movements and determine which one to select.

From there, the driver puts his hand in front of a sensor area near the console and make a gesture to control the function, such as turning the wrist, which will adjust the stereo's volume or fan speed, or a motion to select a radio station or turn on the heated seats.

The system can be used for navigation controls, or for smartphone connectivity functions.

"It has to be simple and natural," Ricciuto says.

"You look at the icon, turn it on with your eyes, and away you go, and that's the fundamentals of how it will work. We're preparing for the next generation of controlling a car."

"We can say people should turn off their devices and drive, but the reality is that won't happen, so these are the technologies we think will make it simpler and more intuitive."

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2013 CR-V TOURING

2013 IIHS TOP SAFETY PICK:
SMALL SUV

MODEL RM4H9DKNS



ALL-NEW 2013 ACCORD SPORT

AJAC AWARD FOR BEST NEW FAMILY CAR
(UNDER \$30,000)

MODEL CR25DE



2013 ODYSSEY TOURING

2013 IIHS TOP SAFETY PICK:
MINIVANS

MODEL RL5H9DK



2013 FIT SPORT

ONE OF CAR AND DRIVER'S 10BEST
FOR THE 7TH YEAR IN A ROW

MODEL GE8G7DE



2013 PILOT LX

MOST FUEL-EFFICIENT 8-PASSENGER
INTERMEDIATE SUV

MODEL YF3H2DE

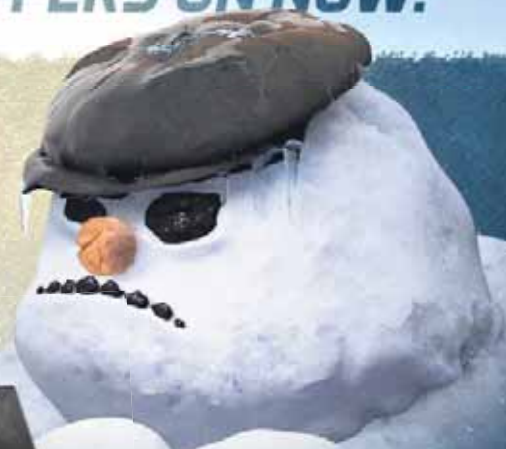


HondaOntario.com
Ontario Honda Dealers



*No payments for 90 days (payment deferral) offer is available on all new 2013 Honda models financed between February 1st, 2013 and February 28th, 2013 at participating Ontario Honda Dealers. Offer applies only to purchase finance offers on approved credit through Honda Financial Services Inc. Monthly payments are deferred for 90 days. Contracts will be extended accordingly. Interest charges will not accrue during the first 90 days of the contract. After 90 days, interest starts to accrue and the purchaser will be required to repay the principal and interest monthly over the term of the contract, but not until 90 days after the contract date. Offer ends February 28th, 2013 and is subject to change or cancellation without notice. Q Limited time lease offers on any new 2013 Honda Odyssey LX (Model RL5H2DE) // 2013 Honda Pilot LX 2WD (Model YF3H2DE) models available through Honda Financial Services Inc., on approved credit. Representative lease example: based on a 2013 Honda Pilot LX 2WD (Model YF3H2DE) on a 24 month term at 0.99% APR, complete price of \$27,265 // \$36,765 (includes \$1,640 freight and PDI, EHF tires (\$29), EHF filters (\$1), A/C tax (\$100), and OMVIC fee (\$5)). Excludes taxes, license, insurance, and registration. Cost of borrowing is \$281.96 // \$563.76 for a total finance obligation of \$27,546.96 // \$37,328.76. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. **\$2,000 // \$2,000 // \$1,000 // \$500 customer cash incentive is valid on any new 2013 Honda Odyssey except Odyssey LX (Model RL5H2DE) // 2013 Honda Pilot except Pilot LX 2WD (Model YF3H2DE) // 2013 Honda CR-V except CR-V LX 2WD (Model RM3H3DE) // 2013 Honda Fit except Fit LX 5MT (Model GE8G2DE) models when registered and delivered between February 1st and February 28th, 2013. Cash incentive is available for all Honda retail customers except customers who lease or finance through Honda Financial Services Inc. at a subvented rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. For all offers, license, insurance, PPSA, and other taxes (including HST) are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. **Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2012. †Does not replace the driver's responsibility to exercise due care while driving. ‡Text message and e-mail functions are only compatible with certain devices.

LIMITED TIME AUTOSHOW OFFERS ON NOW.



SUBARU vs WINTER



KNOCK OUT WINTER WITH ALL-WHEEL DRIVE.



2013 **LEGACY 2.5i**
'FISTS OF FLURRY'

STARTING FROM
\$25,423*

LEASE PAYMENT **\$238** | **\$3,827 DOWN***
FOR 24 MONTHS* **0.5% LEASE RATE**

2013 **FORESTER 2.5X**
'THE ICEBREAKER'

STARTING FROM
\$27,923*

LEASE PAYMENT **\$279** | **\$3,109 DOWN***
FOR 48 MONTHS* **0.9% LEASE RATE**



2013 **IMPREZA 2.0i**
'WHIZZZ KID'

STARTING FROM
\$21,923*

LEASE PAYMENT **\$209** | **\$2,420 DOWN***
FOR 39 MONTHS* **0.9% LEASE RATE**



Top Safety Pick: 2013 Subaru Lineup. *
Subaru is the only manufacturer with IIHS Top Safety
Picks for all models, for the fourth year in a row.

JAPANESE ENGINEERED VEHICLES STANDARD WITH
SYMMETRICAL AWD



Confidence in Motion



*Ratings of "Good" are the highest rating awarded for performance in four safety tests (moderate overlap front, side, rollover and rear) conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). To earn a 2013 TOP SAFETY PICK, a vehicle must receive a "Good" rating in all four of these tests. *MSRP of \$23,495/\$25,995/\$19,995 on 2013 Legacy 2.5i (DA1 BP)/Forester 2.5X (DJ1 X0)/Impreza 2.0i (DF1 BP). Lease rate of 0.5%/0.9%/0.9% for 24/48/39 months. Monthly payment is \$238/\$279/\$209 with \$3,827/\$3,109/\$2,420 down payment. Option to purchase at end of lease is \$16,071/\$12,081/\$11,808. Lease offers have included a special AutoShow 1% lease rate reduction. Advertised pricing consists of MSRP plus charges for Freight/PDI (\$1,595), Air Tax (\$100), Tire Stewardship Levy (\$29.20), OMVIC Fee (\$5), Dealer Admin (\$199). Freight/PDI charge includes a full tank of gas. Taxes, license, registration and insurance are extra. \$0 security deposit. Models shown: 2013 Legacy 3.6R Limited (DA2 LN6) with an MSRP of \$34,695. 2013 Forester 2.5X Limited Package (DJ2 LPN) with an MSRP of \$33,395. 2013 Impreza 2.0i Limited Package (DF1 LP) with an MSRP of \$26,895. Dealers may sell or lease for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Lease based on a maximum of 20,000 km per year, with excess charged at \$0.10/km. Leasing and financing programs available through Subaru Financial Services by TCCI. Other lease and finance rates and terms available; down payment or equivalent trade-in may be required. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. Offers available until February 28, 2013. See your local Subaru dealer for complete program details.

Richard Lecompte, SALES CONSULTANT

All prices include freight and fees. Excludes HST and licensing.

30 POINT INSPECTION

30 MINUTES

30 DOLLARS

30/30/30 WINTER INSPECTION

Book your winter inspection between
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15% OFF

15% off selected maintenance parts, excluding tires and fluids. At participating Dealers. Please see your dealer or Subaru.ca for details.

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WE ARE LOOKING
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Diesel flag keeps flying high

Auto Pilot. Car companies betting on Canadians' love of diesel, despite our neighbours' reservations



AUTO PILOT
Mike Goetz
drive@metronews.ca

You can feel the current swirling around your rubber boots — the ones with the little ducks on them. Each successive auto show yields another announcement about another diesel entry.

In December at the L.A. auto show, we learned that Mazda6 will eventually have a 2.2-litre diesel option, and that Audi will be adding four new diesel variations to its lineup. Audi Q7 can already be optioned with a TDI, and now the TDI joy spreads to A6, A7, A8 and Q5.

At Detroit in January, Chrysler announced its revitalized 2014 Grand Cherokee will get a diesel — a 3.0-litre V6 developed and manufactured by Fiat's long-



Ried Bigland, Chrysler Canada president, at the Toronto auto show with the new 2013 Ram Heavy Duty packing the 6.7-litre Cummins diesel engine. Bigland announced that the light-duty Ram 1500 pickups will also get diesel option for 2014 — a 3.0-litre V6 made by its Italian partners, VM Motori. MIKE GOETZ/FOR METRO

term supplier, VM Motori.

A few weeks later in Chicago, GM announced Chevrolet Cruze would join the diesel party.

And now we come to the auto show on this week in Toronto. At a press conference at the show last Thursday, Chrysler said its Ram 1500 pickup would also get that 3.0-litre

V6 destined for the Jeep Grand Cherokee.

Of course, all these new diesel vehicles will join those already in the Canadian market by diesel zealots Mercedes-Benz, Volkswagen and BMW.

The interesting thing about this last batch of diesel announcements is they concern more mainstream, high-vol-

ume segments, like compact car, light-duty truck, and mid-size crossover.

With the noticeable exception of Volkswagen Jetta and Golf diesels, the German manufacturers have been flying the diesel flag at lofty levels — basically as a premium option in an already premium nameplate.

At the Toronto show I ran

into auto industry analyst Denis DesRosiers, who believes the big diesel shift in this country will come when one of the manufacturers is prepared to — or is able to — offer a diesel in or around \$20,000.

Right now, diesel seems to be about a \$7,000 to \$10,000 option, depending on the model. Not only are diesels en-

gines more complicated, they often require beefier transmissions to handle their increased torque. And, they're typically offered on more upscale trim levels, pushing their MSRPs even higher.

If we get diesels down into cheaper segments and on cheaper trim lines, then we'll get somewhere. According to DesRosiers, Canadians are already in love with diesels.

And what's not to love? Their increased torque translates to great every day driving experiences. They have huge range. They last forever and offer great resale potential. They're even "green" — though increased emission regulations will push the technology, and keep their prices comparatively high.

Americans still harbour misconceptions about diesels. Specifically that diesels are smelly and noisy, and that diesel fuel itself is in short supply and hard to find. You might even have to fight with truckers at truck stops to get your share!

Canadians are so past that, says DesRosiers. And we're so past my word count for this column. So gotta go. See you next week.

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*Coverage begins from the original new retail sale date and covers 7-years/140,000-kilometres, whichever comes first. †0.9% APR only for well qualified buyers; not all buyers will qualify. Amount of down payment and other factors may affect qualification. 0.9% APR available on all models and all qualifying model years (the 5 model years immediately preceding the date of this advertisement, or newer) for up to 24-month terms. Based on a representative example of \$15,000 financed at 0.9% over 24 months equals monthly payments of \$630.88 with \$0 down payment, cost of borrowing is \$141.03 with a total obligation of \$15,141.03. Licence, insurance, taxes, down payment, and, where applicable, PPSA and other dealer charges are extra and may be required at time of purchase. Finance on approved credit for qualified customers only. Offer subject to change without notice. Visit your participating dealer for complete details.



Horoscopes

Aries

March 21 - April 20

You may not like making sacrifices but deep down you know that something has to go. This is the ideal time for a clear-out — be it physical, mental or emotional. Get your broom and sweep away those cobwebs.

Taurus

April 21 - May 21

Challenges of one kind or another have been met and overcome, and now you know you can compete on equal terms your confidence will soar. Today, however, you need to cooperate a bit more and compete a bit less.

Gemini

May 22 - June 21

This is a good time to extend your education in some way. If there is a particular topic that intrigues you then find out all you can about it. What you learn will be useful to you in the months ahead.

Cancer

June 22 - July 23

The Sun in sympathetic Pisces encourages you to look further afield for the answers you seek. In some way or other you will be on the move today — and you'll discover things that few people know about.

Leo

July 24 - Aug. 23

Don't gamble with what you own and earn. You may be tempted to take some kind of financial risk, with the promise of big rewards if it goes the right way. But what if it doesn't? You cannot afford to take the chance.

Virgo

Aug. 24 - Sept. 23

Friends will do anything for you today — all you have to do is ask. But before you do, bear in mind that you should not take their goodwill for granted. The best friend is the one who doesn't expect too much.

Libra

Sept. 24 - Oct. 23

A certain task that looked so difficult a short while ago now looks incredibly easy. So what are you waiting for? Get on with it. You may surprise yourself how easily you make a success of it.

Scorpio

Oct. 24 - Nov. 22

The Sun in your fellow Water sign of Pisces not only fills your heart with joy but fills your mind with all sorts of creative ideas. What you do next is up to you but do something — and make it amazing.

Sagittarius

Nov. 23 - Dec. 21

It may seem as if the world is against you but it's not remotely true. In fact, you'll realize you have friends in all directions if you only look on the bright side and stop entertaining negative thoughts.

Capricorn

Dec. 22 - Jan. 20

It is important that you know who among your friends and relatives can be trusted because if you confide in the wrong person today, the results could be disastrous. But confide you must. Don't keep your feelings to yourself.

Aquarius

Jan. 21 - Feb. 19

An issue that has been causing you sleepless nights will resolve itself over the next 24 hours, much to your relief. Next time, try not to take this kind of situation so seriously. Time heals all wounds — be they real or imagined.

Pisces

Feb. 20 - March 20

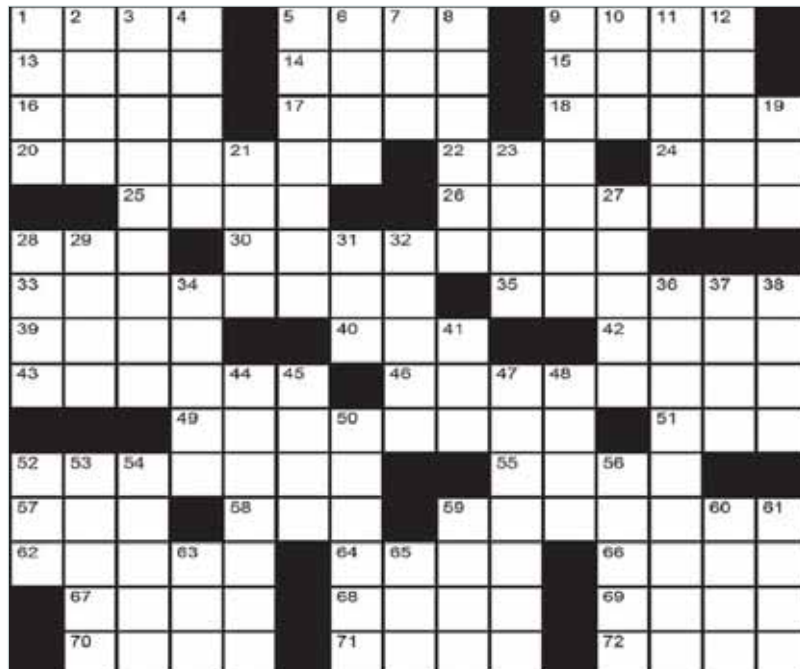
You know what needs to be done today, so get on and do it. The earlier you get busy, the quicker you will get through your chores and the more time you will have to do fun things with others this evening.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

- The ___ Awards (Overseas Grammy equivalents)
- Canada Goose monument site in Ontario
- Capricorn, for one
- Baroque painter, Guido ___
- Business person, briefly
- Mr. Aoki (World Golf Hall of Famer)
- Prefix to 'gon' (Eight-sided shape)
- Mr. Baldwin
- The ___ MacNeils (Celtic band from Cape Breton)
- Super clean and sanitary
- 'Computer' suffix (Tech jargon)
- ___, humbug!
- Tirade
- Sentence enders.
- UK military fliers
- Best Actress nominee Jessica for "Zero Dark Thirty"
- February's birthstone
- Oscar-winning actress Marlee
- But, in Spanish
- Villain's chuckle, when repeated
- Reign
- Peace talks agreement
- Folk music instrument
- Oscar-winning Canadian actress Marie of "Min and Bill" (1930)
- Dubai's locale [acronym]
- Type of blouse or skirt
- Audacity
- Engine starter [abbr.]
- Tel Aviv, ___
- Oscar-winning film, "The English ___" (1996)
- Jaleel White's "Family Matters" role
- Make film cuts
- Type of duck
- Gen. Robert __.
- Feminizing suffix
- Actress Ms. Collette
- The Yukon, e.g.
- Free ticket



72. Nylons nick

Down

- Warner __. (Film studio)
- Prefix with 'angle'
- Meddle
- Heiress' headdress
- Rich
- Wheel shaft
- Small
- Take
- Remote region of Russia
- Old Testament book, for short
- Screen legend Greta
- U.S.-Canadian airspace protection org.

19. Sighed sounds

- Move along slowly
- Crease
- Li'l lead-in
- Transfixed
- USA part, for short
- Fireplace residue
- Flower parts
- Some amphibians
- Yoga wear company founded in 1998 in Vancouver
- Figure skater Mr. Kulik
- Ms. Leakes of reality TV
- "Shallow ___" (2001)
- Nova Scotia-based comedy of

2001 to 2008, "___ Park Boys"

- Hankering
- Invalidates
- "Shoot!"
- Meryl of multi-Oscars
- More, in music
- White-plumed heron
- Foot-to-leg connector
- Enumerates
- Brooches
- "99 Luftballons": 1980s hit for who?
- Baby branch
- 'Ballad' suffix
- CSI evidence

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

Flurries

-4°/-11°

40%

Thursday

Partly sunny

-4°/-9°

Know what the weather will be 14 days from now.

Check the 14 day trend.

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hard

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WITH

0%[†] + \$0
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ON SELECT MODELS
DOWN PAYMENT

2013 ELANTRA

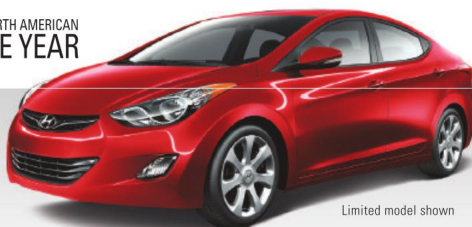
HWY: 5.2L/100 KM
CITY: 7.1L/100 KM*

OWN IT FOR **\$96** BI-WEEKLY
WITH **0%[†]** FINANCING FOR 84 MONTHS
AND **\$0** DOWN PAYMENT

SELLING PRICE: \$17,480+
ELANTRA L 6-SPEED MANUAL.
DELIVERY, DESTINATION &
FEES INCLUDED. PLUS HST.



2012 CANADIAN & NORTH AMERICAN
CAR OF THE YEAR



Limited model shown

2013 ELANTRA GT

HWY: 5.3L/100 KM
CITY: 7.8L/100 KM*

OWN IT FOR **\$108** BI-WEEKLY
WITH **0%[†]** FINANCING FOR 84 MONTHS
AND **\$0** DOWN PAYMENT

SELLING PRICE: \$19,680+
ELANTRA GT GL 6-SPEED MANUAL.
DELIVERY, DESTINATION, FEES &
\$1,100 IN PRICE ADJUSTMENTS*
INCLUDED. PLUS HST.



2013 BEST NEW
SMALL CAR (OVER \$21K)



SE with Tech. shown



GLS model shown

2013 ACCENT

HWY: 5.3L/100 KM
CITY: 7.1L/100 KM*

OWN IT FOR **\$82** BI-WEEKLY
WITH **0%[†]** FINANCING FOR 84 MONTHS
AND **\$0** DOWN PAYMENT

SELLING PRICE: \$14,930+ ACCENT 4 DR L 6-SPEED MANUAL. DELIVERY,
DESTINATION & FEES INCLUDED. PLUS HST.



2012 BEST NEW
SMALL CAR (UNDER \$21K)

STANDARD FEATURES INCLUDE: FRONT, SIDE
& CURTAIN AIRBAGS • POWER DOOR LOCKS
• AM/FM/CD/MP3/USB/iPOD® AUDIO SYSTEM

2013 TUCSON

HWY: 7.7L/100 KM
CITY: 10.4L/100 KM*

OWN IT FOR **\$124** BI-WEEKLY
WITH **0.99%[†]** FINANCING FOR 84 MONTHS
AND **\$0** DOWN PAYMENT

SELLING PRICE: \$21,895+ TUCSON L 5-SPEED MANUAL.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

STANDARD FEATURES INCLUDE: iPOD®/USB/
MP3/AUXILIARY INPUT JACKS • POWER HEATED
EXTERIOR MIRRORS • EZ LANE CHANGE ASSIST



Limited model shown



2013 CANADIAN UTILITY VEHICLE OF THE YEAR



Limited model shown

2013 SANTA FE

HWY: 6.7L/100 KM
CITY: 10.1L/100 KM*

OWN IT FOR **\$167** BI-WEEKLY
WITH **1.99%[†]** FINANCING FOR 84 MONTHS
AND **\$0** DOWN PAYMENT

SELLING PRICE: \$28,395+ SANTA FE 2.4L FWD AUTO.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.

STANDARD FEATURES INCLUDE: SIRIUS XM
RADIO WITH BLUETOOTH® HANDS FREE PHONE
SYSTEM • VEHICLE STABILITY MANAGEMENT
W/ESC & TRACTION CONTROL SYSTEM
• HEATED FRONT SEATS



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5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty



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Pathway Hyundai
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Orleans, 613-837-4222

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